POTAWATOMI TIMES

Gsenyaniyêk ėzhëwébêk — *Forest County Potawatomi Happenings*

Volume 30, Issue 16 • February 15, 2025 • mko gizes • Bear Moon • FREE

Give Light Documentary



Members of the Intertribal Birthworkers of Wisconsin (l-r) Candi Cornelius, Oneida MSN RN, CLC; Amaris Andrews-DePerry, Red Cliff, student midwife; Holly Daniels, FCP, doula and lactation counselor; Winona Carufel, Lac du Flambeau, student midwife; Marcy Beson, Lac du Flambeau, student midwife

by Val Niehaus

The showing of a film called "Give Light" by Steph Smith was shown at the FCP Executive Auditorium on Feb. 1, 2025.

In an excerpt about the film. "Give Light" compares and contrasts the birth experiences by Indigenous midwives with contemporary methods to explore the current rite of passage in childbirth in our modern world. In their native settings, these compelling midwives share their practices and life stories with confidence, humor, and timely messages of their faith in the natural capabilities of the female body when giving birth.

The auditorium had FCP tribal members and their families who watched this film. Before the film started, FCP tribal member and owner of Wild Plume Mikaya Alloway served an amazing lunch for everyone attending. The menu consisted of roasted bison, hominy salad, wild rice, roasted potatoes and mixed berry cedar tea. It was healthy and delectable.

When everyone was finished eating the film began. It was compromised of 11 different midwives ranging from the U.S., Thailand, Namibia, Peru, Belize, Brazil, Canada, Greece, Brazil and a group of Midwife/Doula community from New Orleans. The midwives spoke about their life in midwifery and the experiences along with the stigma that it has brought them at times practicing this earliest form of pregnancy and birth.

FCP descendant Holly Daniels, is a huge advocate and student of midwifery/doula training and wants to have young mothers know this is still a common practice even though they may not hear about it as much in our area. Daniels said, "Traditional midwives and doulas focus much more on postpartum care/support for the mother than the mainstream medical system. This care typically lasts anywhere from six weeks to six months postpartum - the traditional midwifery model of care focuses on working with mom, baby, and nature versus against it."

If you are unsure of the difference between a midwife and doula, here is a bit of a summary of both. Midwife - (trained birth expert, whether traditionally trained or academically trained) provides medical care during the prenatal and postnatal periods as well as during labor and birth. Doula - provides the birthing person and their families with informational, emotional, and physical support during those same periods. Some doulas provide a full spectrum of care during all stages before and after baby is born, including birth.

Daniels also mentioned that not only is this an important practice to learn about, but you can also make it a career. She said, "I believe it's also important that younger generations know this could also be a potential life/career path. When I was in high school having to make decisions about my career/education path, I never knew birth work or midwifery was an option for me. As it stated in the video, we have a global midwife shortage, so the youth who may be interested in something like nursing, labor and delivery, or obstetrician and gynecology, may also want to explore midwifery as an option."

Daniels wanted to bring this film into the community to start this conversation about this topic and what it could look like one day to bring this birthing practice back here. She said, "I believe it's important that families in our community know they have options for how they want to bring their babies earthside, outside of the medical model of care available to them."

It is highly recommended that you watch the documentary "Give Light". You can see how other cultures and countries deal with midwifery and the miracle of birth in a different way, but also a way that has been practiced since the beginning of time.



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Heart Health Month



submitted by Dr. Anupama Joseph, FCP Health & Wellness Center

More than one in three American Indians/Alaska Natives (AI/AN) die from heart disease-related events before age 65, nearly 2.5 times the rate seen in non-Hispanic Whites; at least 80 percent of these premature heart disease events are preventable.

In partnership with Dr. Joseph (a cardiologist at the University of Wisconsin Hospital & Clinics – Madison, Wis.), two advisory boards were established, one made up of Tribal Elders (FCP Elders Community Advisory Board – FCP-CAB) and the other composed of providers and staff from the clinic (FCP Provider Advisory Board – Prov-AB). We then conducted five alternating meetings with each group to formulate an intervention for ASCVD risk factor reduction in the community.

After the five sessions, the prioritized goal was establishing a seasonally rooted lifestyle medicine program, incorporating elder-delivered teachings around seasonal food, preparing a meal based on that food, and discussing a mental or physical health-related topic. The two groups then formed a collaborative partnership involving members of both groups to co-design and plan the events in further detail, with the initial event occurring in August 2024 with the theme of berries. This formal partnership between community members and clinic providers to address ASCVD prevention is the first in the FCP community.

We have prioritized culturally informed community engagement throughout the partnership to promote health equity and an authentic, deep relationship with our tribal elder partners. We had initially planned to focus on one heart disease risk factor. Still, we learned early on that 1) health is holistic and cannot be broken down into boxes, and 2) the project needed to involve the whole community.

The goal has been to focus on prevention efforts as early as possible so that history doesn't repeat itself – for children to be able to learn about the history and trauma of colonization and commodity foods, to move forward and be able to focus on traditional foods/foodways and a healthy way of living.

We have been excited to collaborate with multiple other tribal departments to put on our next event celebrating Heart Health Month, which will be happening on February 19 starting at 2 p.m. at the Potawatomi Community Center.

FCP Up & Coming

by Amber Haseman

Bowling & Lunch: Attention FCP Elders! Enjoy an afternoon with FCP Elder Services for bowling and Lunch at Northstar Lanes in Antigo, Wis., on February 16 at noon. The top three scores of two games wins. Prizes are as follows: first place for a $100 gift card, second place for a $50 gift card, and third place for a $25 gift card. All elders who attend can win (2) $25 gas cards. If you're interested in attending the next trip on March 30, be sure to contact Jenna Paradies at (715) 478-4982 or Sara Garrow at (715) 478-4992.

Campus Closure: Campus will be closed on February 17 for Presidents Day/Wgema gizhek (Chiefs Day). The FCP Community Center will remain open.

Coffee Talk: FCP tribal elders are invited to join Elder Services for Coffee Talk. Two dates are left for the month: February 18 from 10 a.m. – 12 p.m. at the We Care Center in Carter and February 25 from 12-2 p.m. at the Community Center. Enjoy fun activities and socialize with other elders. Meals are provided. For more information, please get in touch with Jenna Paradies at (715) 478-4892 or Sara Garrow at (715) 478-4992.

Heart of the Community: Join together at the Potawatomi Community Center on February 19 for a gathering of tradition and wellness. A celebration will be held honoring Indigenous traditions with a meal of traditional foods and activities to promote heart health and diabetes prevention, inspiring wellness for future generations. The event is open to all. Drums will begin at 3:30 p.m. with a prayer and meal to follow. Walk with a doctor to see who can get the most steps. The top three youths and adults will win a prize. Participants will receive a free pedometer to track their steps. There will be many other activities, including snow snakes, dream catcher, storytelling, and more. The event is sponsored by the FCP Health & Wellness Center.

Farm to Table: Join FCP Sustainable Food Services to learn tips and tricks during their Farm to Table Pressure Canning 101 class on February 20 from 5:30 - 8:30 p.m. at Bodwéwadmi Ktëgan. The class is open to everyone and designed to help people overcome their fear of using a pressure cooker. It is free to attend, but registration is required. Spots are limited. Please contact Trisha Thorbahn to register or for more information at (715) 478-4162 or trisharthorbahn@fcp-nsn.gov.

Winter Family Camp: Enjoy a day of winter activities at Bug Lake. Winter Family Camp and Ice Fishing Contest is on February 22 from 8 a.m. to 3 p.m. It is open to FCP tribal members, descendants, and their families. Activities include snowshoeing, snow painting, sledding, s'more making, snow snakes, atlatl, prize drawings, and more. Ice fishing contest registration is 7:30 – 8:30 a.m. Breakfast will be available at 8 a.m. The ice fishing contest will go until 3 p.m. Lunch will be at 11 a.m. – 12 p.m. while supplies last. There will also be snow snake tournaments until 3 p.m., with winners and drawings to follow.

Round Dance: Everyone is welcome to the annual Round Dance at the Potawatomi Casino Hotel in Carter on February 28 from 5 p.m. to midnight. Enjoy an evening of culture, including a feast at 5 p.m., a hand drum contest at 5:30 p.m., a pipe ceremony, and a round dance to follow. There will be a variety of contests and specials throughout the evening. If you have any questions, contact Pwagen Frank at (715) 478-7374 or pwagen.frank@fcp-nsn.gov.

CDL Training: Free CDL training is available to Native American tribal members and descendants. Sign up today. The deadline for the application is Feb. 28, 2025. To apply, contact TLAC/NC Region HCST Coordinator Joel Polar at (715) 622-0353 or joel.polar@scc-nsn.gov or HCST Director Noel Vandiver at (715) 622-0297 or noel.vandiver@scc-nsn.gov. The training is available at Fox Valley Technical College, Chippewa Valley Technical College, and Associated Training Services. Class schedules are yet to be determined but will be held during the spring of 2025.



POTAWATOMI TIMES

5442 Everybody's Road • PO Box 340 • Crandon, WI 54520
(715) 478-7437 • times@fcp-nsn.gov • www.fcpotawatomi.com

Deadline for the March 1, 2025, issue of the PT is Wednesday, February 19, 2025.

FCP EXECUTIVE COUNCIL
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Vice Chairman: KEN GEORGE JR.
Secretary: ALEXANDRIA MCCORKLE
Treasurer: JOSEPH DANIELS SR.
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Interim Managing Editor: KRYSTAL STATEZNY
Writers/Photographers: VAL NIEHAUS & AMBER HASEMAN

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POTAWATOMI
(Keeper of the Fire)

Forest County Potawatomi Community
P.O. Box 340 • Crandon, Wisconsin 54520

Forest County Potawatomi Community Official Statement

January 27, 2025

Dear Tribal Members,

As we navigate recent developments and policy changes at the federal level, it is imperative that we, as a Nation, remain diligent and informed. The Forest County Potawatomi leadership is committed to ensuring that our actions and decisions are rooted in facts, not perceptions and misinformation.

Tribal leadership is closely monitoring the evolving situation and assessing any possible implications for our tribal membership. We recognize the importance of understanding the broader political landscape and maintaining constructive relationships across all levels of government. Our tribal government has always been able to remain unbiased and has been able to engage with leadership on both sides of the aisle, ensuring that we advocate effectively for the best interests of our people.

We want our members to know that the Forest County Potawatomi will continue to prioritize the well-being of our community by basing our decisions on verified information and careful research. Our commitment remains steadfast in protecting our people, while actively engaging with the correct parties to advocate for our interests.

We encourage all of our members to stay informed, remain vigilant, and trust in the leadership that has served our community with integrity and dedication. Now, more than ever, unity and resilience are key to overcoming any challenges that may arise.

Migwetth,

James A. Crawford

Chairman, Forest County Potawatomi Executive Council

FOREST COUNTY
POTAWATOMI
Keeper of the Fire



Open to All

Questions?
CONTACT
Pwagen Frank: 715-478-7374
pwagen.frank@fcp-nsn.gov

Round DANCE 2025

Friday
FEB 28, 2025
5PM - MIDNIGHT

POTAWATOMI CASINO HOTEL CARTER
618 HWY. 32, WABENO, WI 54566

FEAST - 5PM / HAND DRUM CONTEST - 5:30PM
PIPE CEREMONY / ROUND DANCE TO FOLLOW

MC'S - Jackson Tahuka & Keveon Kingbird
STICKMEN - Ian Wabanascum & Pwagen Frank
WHIPMEN - Reuben Crowfeather Jr & Jaymin Rainey
PIPEMAN - Joe Syrette

Invited Singers
Hunter Blassingame
Lee Tootoosis
Marcus Denny
Mitchell Baker
Delvin Keeswood Jr
Marlon Dechamps
Spazz Dewitt
Joel Wood
Brendon Harvey
Hallo Day
Joe Rainey Sr
Dezmund Madera

Invited Groups
Red Deer Table
Ho Chunk Station
Under the Pines

Contests
Adult Hand Drum Contest *(5 Places)*
Youth Hand Drum Contest *(5 Places)*
Best Dressed
Best Ribbon Shirt
Best Ribbon Skirt

Specials
Sweetheart Dance *(4 Places)*
Men's Side Step *(3 Places)*
Women's Side Step *(3 Places)*
Acknowledging All Singers & Back-Ups





ELDER MENU



FEBRUARY 16
Breakfast: Oatmeal, sausage, fruit
Lunch: Baked chicken, rice pilaf, squash, cookie
Dinner: Pork and sauerkraut, fried potatoes, peas, fruit

FEBRUARY 17
Breakfast: Sausage & egg skillet, toast, fruit
Lunch: Au Gratin potatoes & ham, zucchini casserole, dinner roll, fruit
Dinner: Chicken ramen noodle bowl w/ boiled egg, mixed veggies, apple sauce

FEBRUARY 18
Breakfast: Scrambled eggs, ham, yogurt, fruit
Lunch: Mexican lasagna, black bean cowboy caviar, bread stick, yogurt parfait
Dinner: Chicken Alfredo, broccoli, raspberries

FEBRUARY 19
Breakfast: Boiled eggs, American fries, toast, fruit
Lunch: Chicken pot pie, biscuit, Jell-O w/ fruit
Dinner: Maple brined turkey, sweet potatoes, spring salad, fruit

FEBRUARY 20
Breakfast: Cheese omelet, bacon, fruit
Lunch: Chicken dumpling soup, turkey sandwich, crackers, apple
Dinner: Chef salad, garlic bread, mixed fruit

FEBRUARY 21
Breakfast: Blueberry pancakes, sausage, fruit
Lunch: Lemon pepper fish, wild rice, asparagus, hummus & crackers, fruit
Dinner: Goulash, broccoli, garlic bread, Jell-O w/ fruit

FEBRUARY 22
Breakfast: Cold cereal, boiled eggs, fruit
Lunch: Cowboy tator tot casserole, mixed veggies, frozen yogurt
Dinner: Baked macaroni & cheese w/ chicken, broccoli, fruit

FEBRUARY 23
Breakfast: Scrambled eggs, sausage patty, toast, fruit
Lunch: Turkey ala king over biscuit, mixed veggies, fruit
Dinner: Hominy soup, fry bread, fruit

FEBRUARY 24
Breakfast: Cheese omelet, ham slice, toast, fruit
Lunch: Tuna casserole, mixed veggie, bread, pineapple
Dinner: Brat, calico beans, veggies, fruit

FEBRUARY 25
Breakfast: Pancakes, sausage links, fruit
Lunch: Spaghetti & meatballs, corn, garlic bread, orange
Dinner: Ham & cheese sliders, pineapple, veggies

FEBRUARY 26
Breakfast: Boiled eggs, hash browns, bacon, fruit
Lunch: Beef tips in gravy over rice, dinner roll, sugar free cake
Dinner: Jumbo shrimp, roasted squash, Jell-O w/ fruit

FEBRUARY 27
Breakfast: Fried eggs, hash browns, bacon, fruit
Lunch: Fish sandwich, potato pancake fries, peaches
Dinner: Chicken & wild rice soup, southwest biscuit, crackers, Jell-O w/ fruit

FEBRUARY 28
Breakfast: Breakfast casserole, toast, fruit
Lunch: Chicken stir fry over rice, egg roll, fortune cookie
Dinner: Salmon w/ Greek quinoa salad, fruit




POTAWATOMI
COMMUNITY CENTER
FEBRUARY
POOL
HOURS
SUNDAYS
11am–4pm
MONDAYS
8am–11am
2pm–7pm
Shallow Water Aerobics
9:15am–10am
TUESDAYS
8am–11am
2pm–7pm
Shallow Water Aerobics
9:15am–10am
Aqua Jogging
(Lap Pool)
10:15am–10:45am
WEDNESDAYS
8am–11am
2pm–7pm
Shallow Water Aerobics
9:15am–10am
Wild Wednesdays with Val
10:15am–11am
THURSDAYS
10am–1pm
Shallow Water Aerobics
10:15am–11am
4pm–7pm
FRIDAYS
1pm–7pm
SATURDAYS
12pm–5pm
POOL CLOSURES
MARCH 1 • OPENING @ 2PM
(PCC Indoor Triathlon)
WHIRLPOOL CLOSURES
FEBRUARY 13 & 27
For cleaning & routine maintenance
Unless otherwise specified all exercise classes are held in the Activity Pool. Therefore there is no Open Swim during those times, adult swimmers are permitted to use the Hot Tub and Lap Pool.

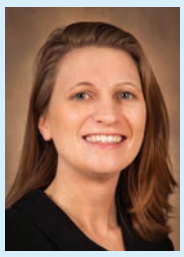

Celebrating
FEBRUARY AS
BLACK HISTORY
MONTH


2025
WINTER gdenwémagnenanêk
bbon gizhêk
FAMILY CAMP
& ICE FISHING
CONTEST
Saturday
FEB. 22
@ BUG LAKE
If ice fishing isn't your thing, that's okay. There will be several activities to enjoy including: Snowshoeing, Snow Painting, Sledding, S'more Making, Snow Snakes, Atlatl, Prize Drawings, and more!
OPEN TO FCP TRIBAL MEMBERS, DESCENDANTS & THEIR FAMILIES
1ST, 2ND, & 3RD PLACE PRIZES
for longest fish in each category:
Perch • Bluegill • Crappie • Bass
BOTH Adult & Youth Divisions (13 & under)
TRANSPORTATION AVAILABLE
7:30–8:30am .. Ice Fishing Contest Registration
8am ..... Breakfast
8am–3pm..... Ice Fishing Contest
11am–12pm ..... Lunch (While supplies last)
12pm–3pm ..... Snow Snake Tournament
Winners & Drawings to follow
FOREST COUNTY POTAWATOMI
LAND & NATURAL RESOURCES DIVISION
FOR INFO CONTACT
Tyler Lorenz
715.889.2341
Tyler.Lorenz@FCP-nsn.gov


TLAC
TRIBAL LABOR ADVISORY COMMITTEE
WWW.WISDOTTAP.ORG
FREE
CDL (CLASS A)
TRAINING
Limited Seats Available -
Sign Up Today!!!
For Application Contact:
TLAC/NC-Region HCST Coordinator
Joel Polar
(715)622-0353
joel.polar@scc-nsn.gov
or
TLAC/NC-Region HCST Director
Noel Vandiver
(715)622-0297
noel.vandiver@scc-nsn.gov
Deadline for Applications:
February 28th, 2025
Locations:
Fox Valley Technical College
Chippewa Valley Technical College
Associated Training Services
Class Schedule: TBD
(Spring 2025)
For Native American Tribal Members & Descendants

MEET THE MATERNAL CHILD HEALTH TEAM

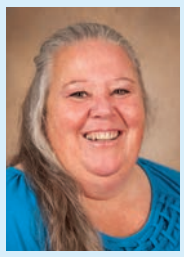
Hours: Monday - Friday, 8 AM - 5 PM



JODIE HARRIS
RN, BSN, CLC, LCCE
MATERNAL CHILD HEALTH NURSE



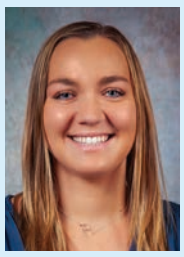
HOPE GILLIGAN
RN, CLC, CPST
MATERNAL CHILD HEALTH NURSE



YVONNE ROBLES, CNA, CLS, CPST
MATERNAL CHILD HEALTH/WIC, COMMUNITY HEALTH REPRESENTATIVE



KIM TESCHNER
CMA
MATERNAL CHILD HEALTH, CHR



SARAH HOFFMAN
MPPD, RDN
COMMUNITY HEALTH DIETITIAN

Honoring Health, Healing, and Tradition

New or expecting parents are provided with education and resources pertaining to childbirth, breast-feeding, immunizations, car seat safety, safe sleep, and healthy growth and development through home/office visits and events. Families meet with staff to receive education, support and immunizations needed.

Services Provided:

1. Infant Nutrition Program
Supplemental formula and breastfeeding program for mom and babies until the age of 12 months. Babies will get weighed, measured, and speak with our nutritionist every 3 months or more if needed! Our Maternal Child Health Department has Certified Lactation Counselors available for all of your breastfeeding needs.

2. Nest Program
Participants accrue NEST points through participation in the program which can be redeemed for infant and toddler products. Families are eligible from pregnancy until the child is five years old.

3. Car Seats
Car Seats are provided to families at no cost. Families meet with certified Car Seat Technicians to learn about proper installation and use. Families are eligible to receive up to three car seats (rear facing, forward facing, and booster).

4. Immunizations
Childhood immunizations are available for infants and children up to the age of 18 through the Vaccines for Children Program.

FOREST COUNTY POTAWATOMI
HEALTH & WELLNESS CENTER
COMMUNITY HEALTH
MATERNAL CHILD HEALTH PROGRAM

8201 Mish ko swen Drive
Crandon, WI
(715) 478-4355
Health.FCPotawatomi.com

PHAB Accredited Health Department
a participating member of ASPIRUS NETWORK

Traditional Medicine

Open to Everyone

Feb. 27 & 28
2025

FCP Health & Wellness
8201 MISH KO SWEN DRIVE
CRANDON, WISCONSIN

Bring an offering of tobacco.
Gifts for healing services will also be accepted.

Call 715-478-4300 to set-up your appointment!

FOREST COUNTY POTAWATOMI
HEALTH & WELLNESS CENTER
BEHAVIORAL HEALTH

FOR INFO CONTACT
Angela Jacobson
715-478-4978

Women must not be on their moon.

TRIBAL BUSINESS MANAGEMENT

NICOLET COLLEGE



NICOLET COLLEGE TECHNICAL CERTIFICATE

Develops the skills of people who work or plan to work in a tribal organization or Native American business environment. Areas covered include fundamental management skills, and how a native nation's legal, political, and cultural context impact an organization's work.

Find out more about Tribal Business Management:

SUMMER CLASSES START MAY 21

1. Business Essentials
(Section #1008)
Credits: 1
Wednesdays, 8:30 am – 12:30 pm
In Person
Nicolet College,
Tamarack Center 110
May 21 – June 11 (4 weeks)

2. Fundamentals of Tribal Management
(Section #1009)
Credits: 3
Wednesdays, 8:30 am – 12:30 pm
Blended
Nicolet College,
Tamarack Center 210
June 18 – August 6 (8 weeks)

QUESTIONS?

Maggie Jensen
Admissions Representative
mrjensen@nicoletcollege.edu
715.365.4957

Marilyn Miller
Indigenous Studies & Tribal Business Management Instructor
mmiller@nicoletcollege.edu

Mark your calendars for



MASTER OF CEREMONIES
Chance Rush

HONORING OUR MMIP

FEATURING PRESENTATIONS BY
Mitch Facter • Josephine Webster
Kristen Welch • Emma White

Rejuvenating Tribal Communities CONFERENCE

May 13 - 15, 2025

Oneida Casino Hotel
2040 Airport Drive • Green Bay, Wisconsin

TOPICS TO INCLUDE:
Preventing MMIP • Mental Health • Sex Trafficking • Dealing with Loss & Grief
Traditional Birth • Self Care • Power of Resiliency • Foster Care Panel

OPEN TO ALL TRIBAL COMMUNITIES AND THEIR EMPLOYEES

Questions? For more info contact Katheryn Tupper
Katheryn.Tupper@FCP-nsn.gov • 715-478-4896

Potawatomi Ventures Welcomes Heather VanZile as Tribal Relations Director



The marketing team welcomes its newest member, Heather VanZile, as the new Tribal Relations Director. VanZile will serve as the primary point of contact between the Forest County Potawatomi community (FCP) and Potawatomi Ventures (PV). She will be responsible for fostering positive relationships with tribal members, partner organizations, PV and its subsidiaries to cultivate communication channels, feedback, and promote a positive working relationship. She will oversee a strategy designed to make positive contributions to FCP while simultaneously raising awareness for PV.

VanZile brings expertise and passion to this role with over 20-years working for the FCP government. She has held several positions in the FCP Ordinance department, worked for FCP Foundation, and most recently served as Vice Chairwoman on Executive Council. She brings strong communication and leadership skills that will help her be successful in this role.

"I respect the opportunity to serve in my role as the new tribal relations director and look forward to assisting the team with Potawatomi Ventures' mission and goals set forth," shares VanZile.

PV is thrilled to have VanZile join the team!

Construction Underway for Potawatomi Convenience Store in Slinger





David Lloveras with Cyreia Sandlin of WISN 12 News

Featured in WISN-12 News.

The 9,500-square-foot store is the first of two planned for southeast Wisconsin.

fireside MARKET is building a new chain of convenience stores and gas stations, with construction underway at the first location in Slinger, Wis. The 5.1 acre site is the anchor tenant of the new Merchant Village off Hwy 60 and I-41.

Potawatomi Ventures (PV) also recently announced a second fireside MARKET location for Brown Deer, Wis. That store will be at the old Rite Hite corporate offices, off Brown Deer Rd. and Arbon Dr.

"In essence, it's taking a convenience offer and allowing fresh food and more healthy options. It is going to be made-to-order food, drive-thru." Executive Vice President of fireside MARKET David Lloveras told WISN 12 News.

These convenience stores will also feature a gas station and electric vehicle charging capabilities.

PV is the economic development branch of the Forest County Potawatomi community.

Lloveras explained to WISN 12 News why the brand known for its casino hotel is getting into the convenience store and gas station business.

Watch the news feature here: *https://youtube/BRajgOrkCpo*







Potawatomi Ventures Leadership at Potawatomi Community Center


Johnson and Ritchie in a tough game of Foosball

On Jan. 23, 2025, Chief Executive Officer Kip Ritchie and Chief Operating Officer Jeff Johnson of Potawatomi Ventures (PV) were interviewed at the Potawatomi Community Center. They shared insights into the history of the Forest County Potawatomi (FCP) tribe, PV and what makes them proud to be a part of both.

Joining them for the video shoot was the Greenfire team, a subsidiary of PV, showcasing their pivotal role in the construction of the community center. Ritchie and Johnson also spoke about the growth and success of Greenfire, emphasizing their pride in the company's achievements.

The leadership toured the community center and even competed in a lively foosball match. Additionally, PV Board Chairman Thomas Boelter was interviewed. The interview video footage will be used in upcoming onboarding training, designed to introduce new PV employees to the rich history of the Potawatomi tribe and its businesses. This will help create a better understanding of the FCP's legacy and the organizations that drive its continued success.


COO Jeff Johnson being interviewed



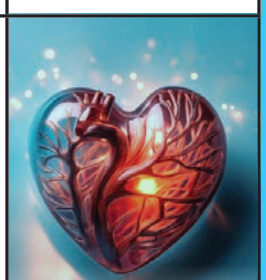


Stop by fireside MARKET for food, fuel, supplies, and smiling faces.
Carter and Stone Lake




Community Events
FEBRUARY 2025

FOREST COUNTY POTAWATOMI
Keeper of the Fire

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 **Doula Documentary Showing** Executive Auditorium 12 pm Light Lunch 1 pm Showing
2	**3** **Potawatomi Ventures** 6 pm – 8 pm PHC Milwaukee	**4** **Potawatomi Ventures** 6 pm – 8 pm Appleton **Gymnastics Classes**	**5** **Potawatomi Ventures** 6 pm – 8 pm Wausau Greenfire Office	**6** **Potawatomi Ventures** 11 am – 1 pm and 6 pm – 8 pm Community Center **Support Group** 12 pm – 1 pm	**7** **Potawatomi Ventures** 1 pm – 3 pm and 6 pm – 8 pm PHC Carter	**8** **General Council Meeting** 1 pm
9	**10**	**11** **Gymnastics Classes**	**12** **Stayin' Alive** FCP Gov Employees 3 pm – 5:30 pm **Parent Cafe** 5:30 pm – 7 pm	**13** **Support Group** Assisting Mothers, Fathers & Caregivers in their Parenting JourneyTime 12 pm – 1 pm	**14** **Valentine's Day**	**15** **JAG Volleyball** Gymnasium 8 am – 8 pm
16 **JAG Volleyball** Gymnasium 8 am – 8 pm	**17** **Holiday Campus Closed** wgema gizhêk (Chief's Day) Presidents Day **Community Center Open**	**18** **Gymnastics Classes**	**19** **Heart of the Community** 2 pm – 7 pm **LFPA Food Distribution** 11 am at The Farm	**20** **Pressure Canning 101** 5:30 pm – 8 pm **Support Group** Assisting Mothers, Fathers & Caregivers in their Parenting JourneyTime 12 pm – 1 pm	**21**	**22** **Bug Lake Winter Event & Fisheree** 8 am
23	**24**	**25** **Gymnastics Classes**	**26** **Heart of the Community** (Alternate Date) 12 pm – 7 pm **Nutrition Taste Test** H&W Kitchen 11:30 am – 1 pm	**27** **Diabetes Luncheon** Lower Conference Room 12 pm – 1:30 pm **Support Group** 2 pm – 1 pm	**28** **Round Dance** 5 pm – Midnight	 **Heart Health Month**

● GENERAL INFORMATION ● COMMUNITY CENTER ● POWWOW GROUNDS
● BODWÉWADMI KTËGAN ● HEALTH & WELLNESS ● MUSEUM ● LOCAL SCHOOLS

02/03/2025

Potawatomi Months

Answers will be in the next issue

LOOK FOR BOTH THE POTAWATOMI AND ENGLISH SPELLING

KTTHE MKO GIZES
JANUARY

MKO GIZES
FEBRUARY

ZISBAKWTOKE GIZES
MARCH

NMEBNE GIZES
APRIL

DATBEGON GIZES
MAY

E DEMEN GIZES
JUNE

ABTE NIB GIZES
JULY

MINKE GIZES
AUGUST

WZAWBEGYA GIZES
SEPTEMBER

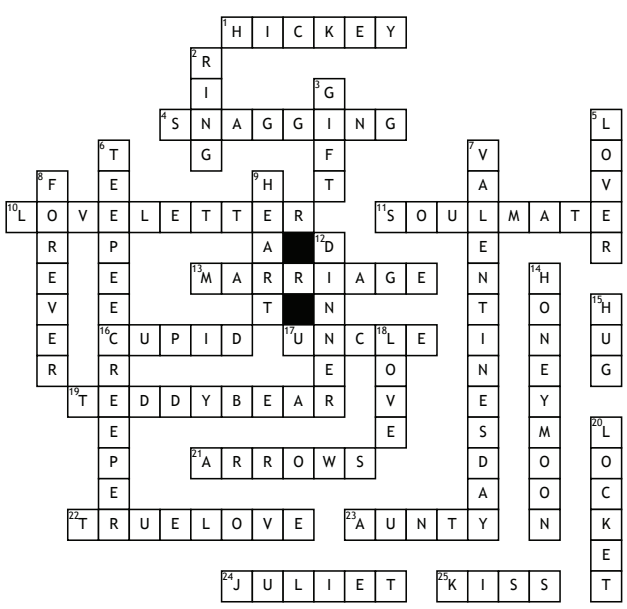
BNAKWI GIZES
OCTOBER

GIWSE GIZES
NOVEMBER

BBON GIZES
DECEMBER

J	M	W	R	U	E	Z	J	G	Q	M	I	N	K	E	G	I	Z	E	S	N	W	J	A
Y	K	Z	E	L	X	W	Z	B	V	Y	X	E	Q	X	I	Q	G	J	J	B	J	S	S
H	O	A	K	R	D	B	L	E	N	Q	Y	V	F	F	V	H	T	U	U	K	T	E	E
H	G	W	H	P	E	O	S	K	W	H	R	T	K	Z	S	U	C	C	N	N	Y	Z	Z
C	I	B	A	Q	D	B	I	Q	B	H	A	I	H	A	I	A	B	R	F	R	E	I	I
Q	Z	E	B	W	Y	X	O	X	X	Z	U	U	L	E	P	P	T	Q	A	M	B	G	G
U	E	G	V	M	Y	X	E	T	G	X	R	E	W	R	M	A	Y	U	A	M	I	O	E
S	S	Y	V	I	D	P	Z	A	C	G	B	J	I	A	G	C	N	T	B	L	L	K	N
E	G	A	K	Q	O	E	Q	A	Z	O	E	L	S	Y	F	A	W	R	B	L	Q	M	B
Z	I	G	D	H	A	W	C	L	A	W	F	E	J	J	J	P	I	R	R	I	X	E	E
I	W	I	X	A	G	X	R	E	X	E	P	M	P	Q	J	N	U	T	L	A	O	H	M
G	S	Z	Y	Q	T	V	P	J	M	T	S	R	L	F	L	I	S	Y	I	V	W	T	N
E	E	E	C	D	S	B	M	S	E	B	Q	A	S	J	Q	B	E	Q	L	K	P	T	Y
K	G	S	G	I	A	U	E	M	E	S	E	J	V	I	Q	N	Z	J	O	U	J	K	A
O	I	Z	X	G	J	A	B	G	B	Z	E	R	R	F	W	D	I	O	M	O	J	D	A
T	Z	U	W	O	L	E	M	L	O	Z	I	Z	E	R	P	M	G	R	H	S	X	U	Z
W	E	Y	G	N	R	O	I	L	R	N	D	G	I	R	X	S	N	N	P	O	G	O	D
K	S	H	K	Q	N	G	U	E	L	B	G	F	B	G	R	X	O	U	O	U	F	J	Z
A	L	S	F	E	Y	B	B	Y	R	J	T	I	V	I	N	L	B	R	S	G	M	H	C
B	R	R	Y	E	Z	M	K	F	N	S	M	U	Z	V	N	E	B	T	M	G	C	O	S
S	Q	I	D	G	E	K	N	D	C	O	R	C	F	E	K	E	M	M	D	Q	J	J	X
I	R	Y	U	V	C	W	W	V	F	Y	T	F	Z	Q	S	Y	T	E	H	D	I	C	U
Z	G	J	O	H	Q	D	G	H	I	X	G	Y	K	R	S	Y	P	B	D	S	S	F	Q
S	W	N	R	W	B	N	A	K	W	I	G	I	Z	E	S	S	Z	I	A	E	M	J	Z

Answers from previous issue



GBËMÉNMAMEN GODË GWITHBODWÉWADMIMNANÊK (WE TAKE CARE OF OUR FELLOW BODÉWADMIK)

POTAWATOMI BERRY RICE

FOREST COUNTY POTAWATOMI HEALTH DIVISION

SERVES 6 / NUTRITION FACTS: One serving is 156 cal, 35.4g carbohydrate, 4.2g protein, .4g fat, 0g saturated fat, and 3.4g fiber.

**Per the Make Every Bite Count US 2020-2025 recommendation for ages 31-50 M/F, 2000 kcal diet. This has a suggested RDA of 46g protein, 130g carb, 25g fiber and 70g oil/fat daily.*

INGREDIENTS

- 1 cup wild rice, uncooked
- 1/4 cup dried cranberries
- 1 cup fresh berries (raspberries, huckleberries, Saskatoon berries and blackberries are all good options)
- 1/3 cup real maple syrup
- 1 teaspoon cinnamon

INSTRUCTIONS

1. Add 1 cup wild rice, 2 1/2 cups water, and 1/4 cup dried cranberries to a pot and simmer on medium low heat until water is gone (about 45 minutes).
2. Mix in fresh berries, maple syrup and cinnamon.



WILD RICE – A freshwater grass seed related to rice and a great source of fiber and protein. Wild Rice is also a good source of magnesium, vitamin B6 and iron.


Cupid's Cash
FRIDAYS, FEBRUARY 14, 21
& SATURDAY, FEBRUARY 22
Win your share of
$55,000
FRIDAYS, FEB. 14 & 21
DRAWINGS: 6–10 P.M.
FIVE LUCKY GUESTS WILL WIN
$750–$1,500 CASH EACH DAY!
SATURDAY, FEB. 22 | DRAWINGS: 6–10 P.M.
FIVE LUCKY GUESTS WILL WIN $6,000–$12,000 CASH!
Receive one entry for every 25 points earned.
PLAY NOW–FEB 22
Let's Eat
TUESDAYS IN FEBRUARY
FEBRUARY 4, 11, 18 & 25 | 9 A.M.–8 P.M.
Earn 375 same-day points to
receive your $15 Dining Credit.
Redeem your dining credits at:
Rock & Brews Restaurant® or The Springs™
FRIDAY NIGHT
Seafood Buffet
FRIDAYS | 4-9 P.M.
$32 per person
$13.95 kids 5-11
ALL YOU CAN EAT
SCAN FOR FOR MORE DETAILS
Prime Rib Buffet
SATURDAYS | 4-9 P.M.
ALL YOU CAN EAT $32 per person | $13.95 kids 5-11
THE SPRINGS
RESTAURANT & LOUNGE
POTAWATOMI
CASINO | HOTEL
CARTER
CARTERCASINO.COM
618 STATE HIGHWAY 32 | WABENO, WI, 54566 | TOLL FREE: 1-800-487-9522 | 715-473-2021
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