www.fcpotawatomi.com • times@fcp-nsn.gov • (715) 478-7437 • FREE

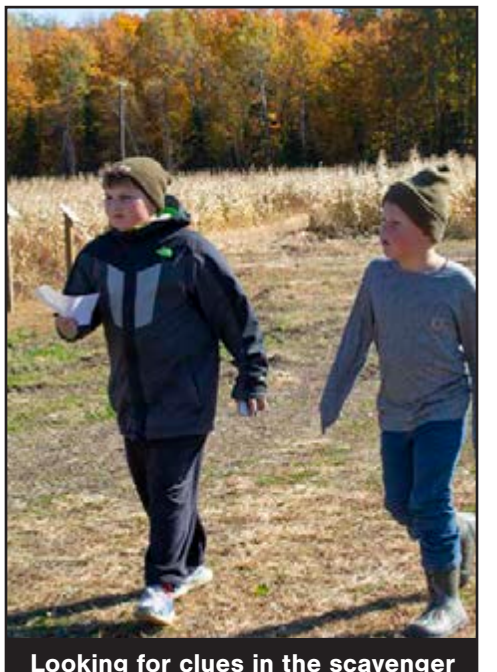
POTAWATOMI TRAVELING TIMES

Volume 28, Issue 8 • bnakwi gizes Leaves Falling Moon • October 15, 2022

Swine, Dine & Dash



Hay rides were given around the farm.



Looking for clues in the scavenger hunt race.

by Krystal Statezny

It was a beautiful fall day for the 2022 Swine, Dine & Dash held on Oct. 8 at the Bodwéwadmi Ktëgan. The event was sponsored by FCP Health & Wellness Center Community Health and was open to FCP tribal members and their families. The "Dash" portion of the event was replaced by a scavenger hunt race throughout the farm where participants had to answer riddles to find the appropriate items. In case you missed it, the farm will continue the scavenger hunt during their Fall Fun at the Farm weekends from Oct. 9-23.

Breast cancer awareness was the theme this year. Literature and questionnaires were available that emphasized the importance of early cancer detection. Participants also received breast cancer apparel and tumblers. Gift cards for completing the quiz were given to:

1. Sara Cleereman
2. Annabelle Cleereman
3. Cleveland Holmes Jr.

The prize for wearing the most pink was awarded to Annabelle Cleereman. Other winners for prize drawings were:

1. Rhonda Shepard
2. Lukis Shepard
3. Katie Cisneros
4. Manny Johnson family

There were many activities to keep everyone entertained including a hay maze, hay slides and rides, and games. DJ Greg Tallier provided a fun atmosphere with all genres of music. A delicious lunch was enjoyed by all and included pulled pork, coleslaw and dessert — all sourced from the farm.



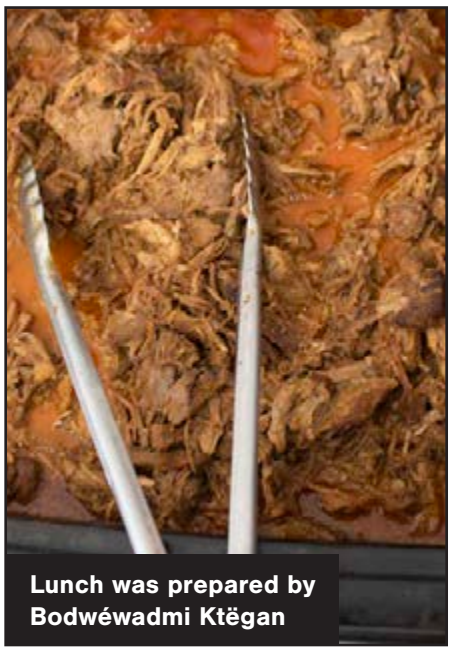
Having fun on the hay slide.



Participants in the scavenger hunt race included FCP Treasurer Manny Johnson and his family.



Silly photos are always fun!



Lunch was prepared by Bodwéwadmi Ktëgan



October Elder Menus

Monday, 10/17
Cheesy Beef & Shells Casserole, Green Beans, Bread, Nutri-Grain® Bar, Peaches

Tuesday, 10/18
Swedish Meatballs over Egg Noodles, Glazed Carrots, Spinach & Strawberry Salad, Fruit Cocktail

Wednesday, 10/19
Lasagna Casserole, Broccoli, Cottage Cheese, Garlic Bread, Orange

Thursday, 10/20
Beef Tips over Mashed Potatoes, Brussel Sprouts, Bread, Dessert Bar

Friday, 10/21
Chili, Cheese Sandwich, Yogurt, Fruit Fluff

Monday, 10/24
Baked Chicken, Mashed Sweet Potatoes, California Veggies, Cranberry Sauce, Dinner Roll, Banana

Tuesday, 10/25
Baked Pork Chop w/ Mushroom Gravy over Rice, Asparagus, Orange

Wednesday, 10/26
Southern Okra Bean Stew, Roast Beef Sandwich, Spinach Salad, Fresh Strawberries

Thursday, 10/27
Battered Fish, Calico Beans, Broccoli Cole Slaw, Was Beans, Rye Bread, Kiwi

Friday, 10/28
Skillet Corn Chowder Soup, Ham & Cheese Sandwich, Crackers, Jello® w/ Mandarin Oranges

Monday, 10/31
Chicken Veggie Stir Fry over Rice, Veggie Wonton, Fresh Grapes

Tuesday, 11/1
Garden Sloppy Joe's, Sweet Potato French Fries, Potato Salad, Spinach Salad, String Cheese, Dessert Bar

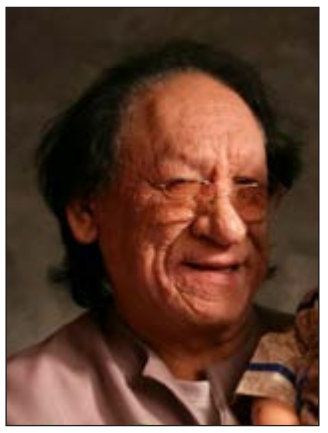
Wednesday, 11/2
Fish Tacos, Spanish Rice, Refried Beans, Cole Slaw, Fig Newton®

Thursday, 11/3
Oven Roasted Pork, Ranch Fried Potatoes, Green Pepper Strips & Dip, Mixed Berries

Friday, 11/4
Sweet Potato & Pumpkin Soup, Turkey & Cheese Sandwich, Apple Sauce

MENUS SUBJECT TO CHANGE

Wayne A. Tuckwab



Wayne A. Tuckwab, "Shi ba ya nkot", "Hole in the clouds", 77, of Wabeno, Wis., passed away Monday, Oct. 10, 2022, at his home surrounded by family. Wayne was born Feb. 19, 1945, in Crandon, Wis., the son of George and Alice (Ottowa) Tuckwab.

Wayne liked to travel and gamble, but most of all spend time with family and friends.

He was survived by many aunts, uncles, nieces and nephews.

He was preceded in death by his parents; sisters, Juanita, Marcella, Ellen, Marlene, Debbie; brothers, Stuart, Calvin and Don.

Visitation was held from 4 to 6 p.m. on Oct. 12, 2022, at Lake Lucerne Gospel Chapel, Crandon. Services were on Oct. 13, 2022, at Lake Lucerne Gospel Chapel with Don Dewing officiating.

Online condolences for the family may be directed to www.weberhillfuneralhome.com

WE ARE HIRING
JOIN OUR TEAM
APPLY AT: FCP.JOBS
OR VISIT US AT
5416 Everybody's Road, Crandon

JOB OPENINGS:
- Certified Medical Assistant
- Optometric Technician
- Recovery Coach
- Certified Nursing Assistant (3rd Shift)
- Employee Health Supervisor

FOREST COUNTY POTAWATOMI
Keeper of the Fire

GriefShare

A 13-week support group designed to help a person rebuild their life after the death of a loved one.

Northwoods Bible Fellowship Church
15253 Long Street | Lakewood, WI 54138

Thursdays from August 4 – October 27
10 – 11:30 a.m.

Call Dick or Mary Kendall for further information:
920-731-4994
www.griefshare.org

If you or someone you know feels unsafe, please consider using one of these resources. They're free, available 24/7, and confidential!

- Forest County Potawatomi Community Advocacy (715) 478-7201
- Tri-County on DV and SA 1 (800) 236-1222
- National Domestic Violence Hotline 1 (800) 799-7233

Deadline for the November 1, 2022, issue of the PTT is Wednesday, October 19, 2022.

POTAWATOMI TRAVELING TIMES
100 N. Prospect Avenue • PO Box 340 • 8, WI 54520
phone: (715) 478-7437 • fax: (715) 478-7438
email: times@fcp-nsn.gov • website: www.fcpotawatomi.com

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Chairman: NED DANIELS JR.
Vice Chairwoman: BRENDA SHOPODOCK
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PTT STAFF
Reporter/Photographer: VAL NIEHAUS
Graphic Designers: KRYSTAL STATEZNY & CHAD SKUBAL

Potawatomi Traveling Times (*PTT*) is a twice-monthly publication of the Forest County Potawatomi Nation. Editorials and articles appearing in the *PTT* are the responsibility of the authors and do not necessarily reflect the opinion or attitude of the *PTT* staff or the FCP Nation. *PTT* encourages the submission of Letters to the Editor. All letters must include the signature, address and telephone number of the author. Letters are subject to editing for grammar, length, malicious and libelous content. The *PTT* reserves the right to reject any advertising, materials or letters submitted for publication. The submission of articles, poetry, artwork and photos is encouraged. The Editor makes the sole decision of what is published in the *PTT* and will not assume any responsibility for unsolicited material nor will the *PTT* guarantee publication upon submission. *PTT* will not guarantee publication of materials submitted past deadlines posted in the *PTT*. No part of this publication may be reproduced without the written consent of the Editor.

Student Spotlight

submitted by FCP Education Department



Abey VanZile

Parents: George and Jennifer VanZile

Fondest volleyball memory: Defeating Laona/Wabeno after 4 years.

Why are you proud to be a Crandon Cardinal: I am proud to be a Crandon Cardinal because of the endless love and support from my classmates, teammates and my school.

Plans for the future: I will attend college with hopes of majoring in public health.

Advice to underclassmen: Have an open mind, step outside your comfort zone and always be king to others.

Gte Ga Nēs Family Event: Frank Waln

by Val Niehaus





Gte Ga Nēs Pre-School is starting a new project this year — hosting special entertainment and presentations throughout the school year. The family-oriented events are for the FCP Community in hopes of bringing together parents, children and extended family.

The first event was held on Sept. 29, 2022, at the Potawatomi Community Center and the presenter was Frank Waln, an Indigenous American rapper and motivational speaker.

Waln opened up to the crowd talking about who he was and where he came from. Waln grew up on the Rosebud Indian Reservation in South Dakota and is Sicangu Lakota. He later graduated from Columbia College in Chicago, Ill., With a B.A. in Audio Arts and Acoustics.

His songs touch on hardships of growing up on a reservation, about not having a father figure in his life and being raised solely by his single mother. During his show, he touched on how he would listen to his mom's music that she played and that sparked an interest in becoming what he is today.

He became a main activist speaker during the Keystone XL pipeline and the fight against it which he has also used inspiration from in writing his lyrics.

During this night, he played his own music on the native flute and his with his acoustic bass guitar. While playing either of these instruments in the background music he had his own beats playing off his laptop that he choreographed.

Waln is a great composer, musician and speaker. He has had many ups and downs in his life but has come out on top using his downs to make his music and that as he says, helps him heal.

Watch for more events from Gte Ga Nēs in the near future.

Laona Honor Students

submitted by Principal Laona School District, Jason Bertrand



(back l-r) Hunter VanZile, Preston VanZile, Brady Shepard, Nate Gilpin Jr., Damian Weso. (front l-r) Zoey Weso and Precious VanZile. Lovey VanZile not present at time of photo

submitted by Laona Middle/High School Principal Jason Bertrand

Attendance and achievement are two buzzwords that we hear in the education world. Typically, the better the attendance, the better that students can learn, the more connected they feel to their school, and the grades they earn are higher than if they had poor attendance. The Laona Middle and High School have a goal of students being at school at least 95 percent of the time. If a student attends school 95 percent each month, they are invited to a party, with this month's party being a pizza party with a chance at winning prizes from our Rebel Snack Shack, the student-run school store, or gift cards to local businesses.

Regarding grades, we reward our high school students every three weeks who earn a 3.0-grade point average or better, a B average. These students make Honor status, which allows them to leave their Study Hall about 30 minutes early at the end of the day to hang out in the Rebel Rec Room, play games in the gym, or head outside to play. Students that are juniors and seniors can also leave school early if they are on Honor status.

The great thing about September is that every Forest County Potawatomi high school student earned at least a 3.0-grade point average and was at school 95 percent of the time or more. The excellent attendance and high grades are a great accomplishment not only for our students but for the families of each of these students. I would also like to thank Sandy Schuhart and Holly Daniels for the support that they give our students on behalf of the Education Department with FCP.

Reminder to Tribal Membership

ELECTIONS

VICE-CHAIRMAN, SECRETARY, TREASURER

November 5 2022

8am to 7pm

Executive Building Auditorium

FOREST COUNTY POTAWATOMI Keeper of the Fire | 5416 Everybody's Road, Crandon, WI 54520

Native Territory Fight Night

by Val Niehaus



Mark Daniels Jr. for the win!!

A main event happened on Oct. 8, 2022, for the first time at the Potawatomi Community Center that was hosted by Skylar Thompson of International Boxing: Native Territory boxing match.

The main event of the night was against FCP tribal member Mark Daniels Jr. and Jarvis Williams. They fought 6 rounds at 160 lbs. for the Wisconsin Middleweight Championship title. Daniels dominated the fight, but Jarvis was no doubt a great contender. In the 6th round the referee grabbed Daniels off of Jarvis and waived his hands in the air calling at TKO! Daniels reaction was undisputable, and the crowd of his hometown went crazy with pride!

Leaving Daniels with the win on his own reservation along with his friends, family and community members watching and cheering him on. There is no bigger adrenaline high then that for a boxer who has worked his way up as Daniels has.

Tribal member Ira Frank was the co-main event for the night, but some technical things fell through leading to him not being able to fight. He still thanked his supporters for coming and told the crowd to keep an eye out for his next bout.

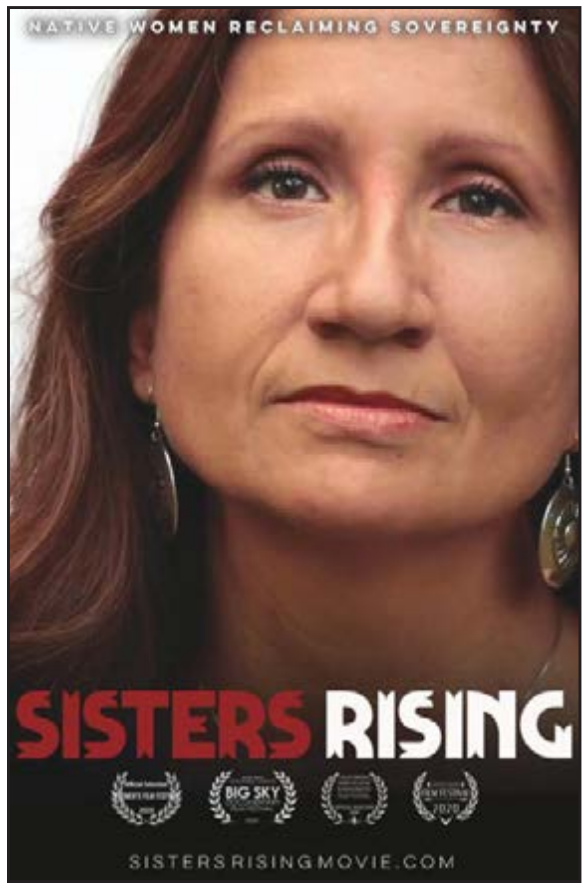
Before the main events started there was an Amateur event hosted by Wgetthda (Warrior) Boxing Club during the day. There were 6 bouts in that event and were joined by other clubs from surrounding tribes. There were a total of four boxers Bryson Daniels, Travis Thelen, Tyler May and Brayden Madl for the Wgetthda Boxing Club. All boxers did incredible for their first amateur event.

The night was exciting, energized and well received from the whole community. Congratulations to the boxers who won their matches especially to Mark Daniels Jr. who made his tribe even prouder to be Forest County Potawatomi! Keep an eye out for future events that will come along!



Sister's Rising Film

by Val Niehaus



A showing of the award-winning film "Sisters Rising" was shown on Oct. 4, 2022, in the FCP Executive Building Auditorium. This showing was put on by Community Advocacy.

Two showings were viewed one in the afternoon and later in the evening with discussions to follow. The event was focused on women's healing and strengthening within the community. There were snacks provided during the afternoon and a light meal was offered in the evening.

The film focused on six Native American women who strived to restore tribal and personal sovereignty in the face of ongoing sexual and colonial violence again Indigenous women in the United States.



Vote for the Waters on November 8

submitted by Stacey White, Wisconsin Native Vote Regional Organizer for FCP

The Wolf River and connected lakes are important waterways to the people of Forest County Potawatomi and other nearby tribes. The water sustains wildlife, it provides a place for us to exercise our right to fish, it allows the wild rice to grow and, most of all, it gives us life.

For decades in the late 1990s and early 2000s, those waters were under threat. The mining industry tried to build the Crandon Mine that would pollute the waters and threaten natural species, including the wild rice.

The industrial pollution this mine would create would have directly impacted tribal communities like ours who depend on this water. The Mole Lake Band of the Lake Superior Chippewa worked together with the Forest County Potawatomi Tribe and many other environmentalists to resist these efforts. On Oct. 28, 2003, they succeeded in shutting down the mine.

Furthermore, the Mole Lake Sokaogon tribe won the right to set its own standards for air and water quality – a significant moment that acknowledged the tribe as a sovereign nation.

This is an important story for our people to revisit – not simply as a reminder of our history, but to remember our elders and ancestors who fought for our right to clean water.

Like our ancestors who advocated for Native people to have citizenship and the freedom to vote, the people who stopped the Crandon Mine were fighting for a healthy future for their people.

This story is far from something in the past. There are continued attacks on our land and water like those coming from Enbridge's oil pipeline and attacks on our democracy by those who wish to silence our voices. But we can protect our future generations and honor our ancestors who came before us when we vote on November 8.

We have come together before in resistance to the Crandon Mine and we can come together and make an impact when we vote.

When we use our voices to vote on election day, vote early by mail, or vote early in-person, we are speaking for the seventh generation.

So be the next generation of water protectors, and vote on or before November 8.

For voting information, visit www.conservationvoices.org/vote



Re-Elect

MANNY JOHNSON II

FCP TREASURER

Strong Leader | Accountable
Trustworthy & Truthful
Dedicated & Hardworking | Humble

Working together to unify our Nation

I respectfully ask for your support on
November 5, 2022.
Your vote is greatly appreciated. Migwetth!

ELECTION POLLS OPEN 8 AM - 7 PM

Authorized & paid for by Manny Johnson

VOTE

for the 7th generation

NOVEMBER 8

conservationvoices.org/vote



HALLOWEEN AT THE FARM

– Open to All –

29TH OCTOBER 2022 | SATURDAY

$7/AGES 13+ $5/AGES 6-12 FREE 5 & UNDER | ADDITIONAL COSTS FOR SELECT ACTIVITIES

BAKED GOODS, CONCESSIONS, AND HOT DRINKS FOR SALE

10 AM - 4 PM:
COSTUME CONTEST, TRICK-OR-TREATING & HALLOWEEN ACTIVITIES

11 AM:
ZOMBIE ZUMBA
Scan QR code below to register

6 PM:
ZOMBIE APOCALYPSE 5K
REGISTRATION IS AT 5:30PM
Scan QR code below to register

7 PM - 10 PM -
HAUNTED HAY RIDE - Runs Every 30 Minutes (Last One Leaves at 9:30 PM)

7 PM - 10 PM -
BONFIRE & GAMES

Contact
Nicole Filiatreault
(715) 478-4910

Bodwéwadmi Ktëgan

POTAWATOMI COMMUNITY CENTER

FOREST COUNTY POTAWATOMI LAND & NATURAL RESOURCES DIVISION

Open to FCP Tribal Members, Descendants, & Their Families

Bring your carved pumpkin for Carved Pumpkin Contest

Zombie Walk Contest

Photo Booths

Costume Contest

Door Prizes
Announced @ 6:30pm

FCP COMMUNITY Halloween PARTY

Friday, October 28, 2022
5pm to 9pm

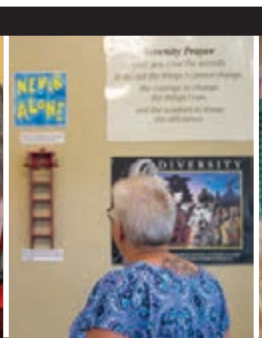
5–6pm • Feast
5–6:30pm • Register for Door Prizes & Contests
7:30pm • ***Hocus Pocus 2*** playing in the Turf Fieldhouse

POTAWATOMI COMMUNITY CENTER
5471 thayék éthë dnêkmëgzêk myéw
(5471 The Place Where Everyone Plays Road)
Crandon, WI 54520

Call the front desk at 715-478-6500 for details!

ACCEPTING NEW PATIENTS






Open to Residents of Forest County & Surrounding Counties

IMAGING X-ray | Ultrasound | Mammograms

LAB General & Specialty Lab Testing | Accepting Orders from Outside Providers

OPTICAL Routine Eye Exams (all ages) | Referrals & Follow-Up Care | Diabetic Eye Exams | Wide Selection of Glasses & Contacts
Providers: Dr. Bill Pierre, OD, Dr. Amanda Lellensack, OD

REHABILITATION
Physical Therapy | ***Providers:*** Dr. Andrew Kelly, DPT, Dr. Angela Wales, DPT, Lisa Zant, PTA
Chiropractic | ***Provider:*** Dr. Grant Packard, DC / Orthopedic Consultations | ***Provider:*** Dr. Kenneth Schaufelberger, MD

Open to Residents of Forest County*

BEHAVIORAL HEALTH*
Medication management | Assessments | Psychiatric Evaluations | ***Providers:*** Ashley Seiler, NP, Jodi Space, NP, Dr. Steven Kaplan, Psychologist
Individual & Family Counseling | ***Providers:*** Amy Booher, Dan Dashner, Tanya Doyle
Substance Abuse Counseling | ***Provider:*** Michelle Huml

MEDICAL* Acute Care | Chronic Care | Preventative Care | Pediatrics
Providers: Dr. Bonnie Samuelson, MD, Jackie Sailo, NP, Jennifer Waloway, NP, Shelly Buch, NP
Podiatry | ***Provider:*** Dr. David Larsen, DPM

Call (715) 478-4339
to schedule an appointment.

***Forest County Potawatomi tribal members, employees, and their immediate family members may establish regardless of residency.**

Please call your insurance company to verify in-network status.

Honoring Health, Healing, and Tradition

FOREST COUNTY POTAWATOMI HEALTH & WELLNESS CENTER

a participating member of ASPIRUS NETWORK

8201 Mish ko swen Dr. | Crandon, WI
Mon - Fri, 7 am - 5 pm
Health.FCPotawatomi.com

POTAWATOMI COMMUNITY CENTER

5471 thayék éthë dnêkmëgzêk myéw
(The Place Where Everyone Plays Road)
Crandon, WI 54520 | 715-478-6500
community.fcpotawatomi.com

Hours:
M - F
5:30 am - 9 pm
Sat
7 am - 9 pm
Sun
10 am - 6 pm

Pool
- Kiddie Pool
- Basketball Hoops
- Water Slide
- Hot Tub
- Lap Pool with Diving Blocks

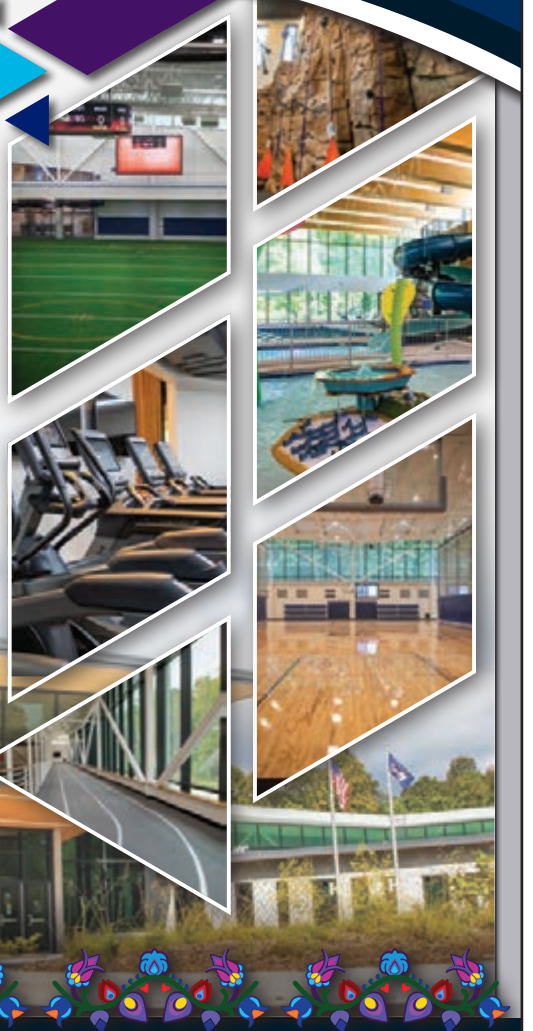
Recreation
- Rock Climbing Wall
- Golf Simulator
- Basketball/Pickleball/ Volleyball/ Badminton Courts
- Turf Field House: Indoor Soccer/ Batting Cages
- Sports Equipment to Use
- Game Room

Fitness
- Walking/Running Track
- Cardio & Strengthening Machines
- Free Weights
- Group Exercise Studio
- Combative Room
- Personal Training Services

Child Care
- On-Site Child Drop-Off

Concessions
- Soup and Salad Bar

Visit Our Website for info on:
- MEMBERSHIPS
- DAY PASSES
- SCHEDULES



LOOKING TO HOST AN EVENT? CALL 715-478-6500.

POTAWATOMI COMMUNITY CENTER
Aquatic Center
OCTOBER SCHEDULE

PLEASE NOTE
All classes are subject to change

	SUNDAYS	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS
Yard Pool	**Lap Swim** 10am-1pm 2pm-5pm	**Lap Swim** 5:30am-3pm 4pm-7pm	**Lap Swim** 5:30am-3pm **Swim Lessons** 4pm-6pm **Adult Swim** 4pm-7pm **(LL)**	**Lap Swim** 5:30am-3pm 4pm-7pm	**Lap Swim** 8am-3pm **Adult Swim** 4pm-7pm **(LL)**	**Lap Swim** 10am-3pm 4pm-8pm	**Lap Swim** 11am-3pm 4pm-8pm
Activity Pool & Hot Tub	**Family Swim** 10am-1pm 2pm-5pm	**Open Swim** 5:30am-9am 10am-1pm 1:30pm-3pm 4pm-5:15pm 6:15pm-7pm **Shallow Water Aerobics** 9:15am-10am **Swim Lessons** 1pm-1:30pm **Aqua Zumba®** 5:30pm-6:15pm	**Open Swim** 5:30am-9am 10am-3pm 5:30pm-7pm **Shallow Water Aerobics** 9:15am-10am **Swim Lessons** 4pm-5:30pm	**Open Swim** 5:30am-9am 11am-3pm 4pm-7pm **Elders Only** **Shallow Water Aerobics** 9:15am-10am **Aqua Zumba®** 10:15am-11am	**Open Swim** 8am-9am 10am-3pm 4pm-7pm **Shallow Water Aerobics** 9:15am-10am	**Open Swim** 10am-3pm 4pm-8pm	**Family Swim** 11am-3pm 4pm-8pm
Slide & Features	**Slide & Features** 10am-1pm 2pm-5pm	CLOSED	CLOSED	CLOSED	CLOSED	**Slide & Features** 4pm-8pm	**Slide & Features** 11am-3pm

Fall Session 1
SWIM LESSONS
ending October 21, 2022

Fall Session 2
starts October 30, 2022.
SWIM LESSONS
start November 1st
Member Registration opens October 17th
Non-Member Registration opens October 24th
Registration ends October 29th

Aquatic Classes

Shallow Water Aerobics
This conditioning water class is held in the shallow water where no swimming skills are needed. The resistance of the water is meant to eliminate impact and be easy on the joints while performing activities. This class is easy to follow and provides motivating music.

Aqua Zumba®
This class is perfect for those looking to make a splash by adding a low-impact, high-energy aquatic exercise to their fitness routine. Aqua Zumba® blends the Zumba® philosophy with water resistance, for a pool party you shouldn't miss. Benefits include less joint impact so you can really let loose. Water creates natural resistance, which means every step is more challenging and helps tone your muscles.

REGISTER FOR CLASSES
You can register at our front desk, or visit us online at:
community.fcpotawatomi.com

PLEASE NOTE
You MUST register for all classes. Visit our front desk or scan this QR Code.

Fall Session 1
Group Exercise Schedule
September 11 - October 29, 2022

Class Location Key
- AQUATIC CENTER
- GROUP EXERCISE ROOM
- COMBATIVE ROOM
- TURF FIELDHOUSE

Land Classes

SUNDAYS	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS
WOD (Workout Of The Day) 11am-11:45am 9/25 & 10/16 See website for dates	**NEW! Fit Camp** 5:45am-6:15am **Senior Fit** 9am-9:45am **Mat Pilates** 10am-10:30am **Boxing Club** 5pm-7pm **Step Aerobics** 5:30pm-6:15pm	**TRIBAL ELDERS ONLY** **Elder Fitness** 10:15am-10:45am **NEW! Interval Strength** 5:30pm-6:30pm **NEW! Zumba® Kids** 5:30pm-6pm POP-UP CLASS See website for dates	**Fit Camp** 5:45am-6:15am **Full-Body Fitness** 10am-10:45am **Zumba® Fitness** 5:30pm-6:30pm **Cardio Kickboxing** 5:30pm-6:15pm	**Mobility & Core** 9am-9:45am **NEW! Power Vinyasa** 5:30pm-6:30pm **Boxing Club** 5pm-7pm	**Restorative Yoga** 9am-10am **NEW! Zumba® Toning** 10:15am-11:15am	**NEW! POUND** 11am-12pm 9/17 & 10/1 See website for dates

Must have a minimum of 2 people to have class

Aquatic Classes

SUNDAYS	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS
NO CLASSES	**Shallow Water Aerobics** 9:15am-10am **Aqua Zumba®** 5:30pm-6:15pm	**Shallow Water Aerobics** 9:15am-10am	**TRIBAL ELDERS ONLY** **Shallow Water Aerobics** 9:15am-10am **Aqua Zumba®** 10:15am-11am	**Shallow Water Aerobics** 9:15am-10am	NO CLASSES	NO CLASSES

Fitness On Demand Classes *FREE with membership!*

FITNESS ON DEMAND

Let FOD do the planning for you.
Just show up and follow the video!

You can find and schedule Fitness On Demand classes on the *FOD App*.
Select "Forest County Potawatomi" as your location under the "Schedule" tab.
Available in the Group Exercise Room, or anywhere in the facility while using the app.

Download the FOD App to see current class schedules!

Apple devices *Android devices*

All classes and prices subject to change. Specialty Classes require seperate fees.

POTAWATOMI
BUSINESS DEVELOPMENT CORP

Woodlands School: CELEBRATES HISPANIC AMERICAN HERITAGE MONTH

LIBRARY - MRS. RUSSELL



Library greetings! Hispanic Heritage Month is observed every year from September 15th through October 15th. In the Library, we are reading and listening to books and poetry by Hispanic and Latino/Latino authors and illustrators. In addition, we are celebrating Hispanic heritage, culture, innovations, achievements, leaders and current Hispanic-Latino/Latina American champions who have inspired others to achieve success.

Did you know? The Pura Belpré Award, established in 1996 and named after Pura Belpré, the first Latina librarian at the New York Public Library, is presented annually to a Latino/Latina writer and illustrator whose work best portrays, affirms and celebrates the Latino cultural experience in an outstanding work of literature for children and youth. Happy Reading!

SPANISH - MRS. DOUN

To celebrate Latin American and Hispanic Heritage Month in Spanish class, we have been studying various Latino/a figures throughout history and present day. Students listened to portions of songs from Gloria Estefan and Celia Cruz while learning to salsa and conga. Then we read about Laurie Hernandez and Roberto Clemente and their contributions to the world of sports in the United States. Next week, we will cover Ellen Ochoa and Mario Molina and their work in the field of science. To finish off, we will learn about Lin- Manuel Miranda and celebrate the way that all elementary schoolers love listening to Encanto songs while we work on a graphic organizer about all of these people.

PHYSICAL EDUCATION - MR. BRUNNER

We are all still getting used to our new temporary PE space, while the Wgema Campus gym is being remodeled, but the kids have been extremely positive about the whole situation and have been pushing through just fine! We are doing a lot of games and activities to try out our smaller space but each class has had a day of fitness using the projector. We will utilize the field outside for football and soccer this fall before we are forced to stay inside with the oncoming winter. In order to honor Latin X Heritage Month the students have learned about baseball's Albert Pujols. The 1st Dominican to join the 700 Home Run Club. He is only the 4th player in history to hit 700 home runs.



ART - MRS. CHANDLER

Hello, I am Ms. Chandler. Our first month in art has gone by quickly! I have a student teacher with Me to start the year. Her name is Ms. Liza Goetter. She is doing a great job connecting with our artists and sharing her knowledge as we help her in her goal to become an art teacher. Every month, we have a featured artist on display outside the art room. This month's artist is Justin Favela. He is known for making large scale installations and sculptures in the piñata style. His work references his own Guatemala, Mexican, and American heritage. The artwork featured here is called "Gypsy Rose Piñata".



Project Spotlight: SOFTWAREONE NORTH AMERICAN HEADQUARTERS



SoftwareONE, a leading global provider of software and cloud technologies solutions, is relocating its North American Headquarters to Milwaukee's Historic Third Ward. The office space is located on the second floor of the historic Dye House and focuses on employee-centric elements to increase collaboration and engagement. The project includes the remodel and build-out of the entire floor, totaling 17,000 SF.

The space will feature an open environment fitted with high-end AV features, lighting, and furnishings with about three-quarters of the floor dedicated to office and employee collaboration areas. New amenities include multiple open office spaces, enclosed offices, collaboration and conference rooms, and training rooms. The design also features a high-end kitchen and break room, a game room and multi-purpose room, along with a new reception, lounge area, and fireplace.



Initial construction began in July 2022 with selective demolition down to the existing industrial pre-cast columns in order to create a completely open space. New construction includes a new floor layout and installation of an HVAC system that's retrofitted to the building's central system. Other substantial work includes installation of a new electrical system with modern fixtures which includes a Connectrac System to run wiring and connections to each individual workspace. The team also installed minor plumbing upgrades and modifications including a new water heater and pump. A new kitchen also required installation of appliance connections. Other work includes the remodel of the existing common bathrooms and new construction of a single, gender-neutral bathroom and a mother's room.

Due to construction activity in an occupied building, the team maintains a strict site logistics plan to minimize disruption to surrounding tenants, mitigate risk and noise pollution, and adhere to owner specifications for work on the historic building. The team is also using the third floor as a staging area to temporarily house procured furniture and equipment so as to not impede construction or incumber other occupied areas of the building. The project is nearing completion with scheduled tenant occupancy in November.

We would like to recognize our project team for their hard work, adaptability, and dedication which has made this project a success so far. The team includes Mitch Berti, Assistant Project Manager, and Tim Williamson, Superintendent. We would also like to thank SoftwareONE and RINKA for selecting Greenfire as their trusted construction partner and the building owner, Founders 3 Real Estate Services, for making themselves available to our requests.



Renderings: (Top) Reception and guest lounge; (Middle) Collaboration area with fireplace; (Bottom) One of the open work spaces

IN HONOR OF NATIVE AMERICAN HERITAGE MONTH



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