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POTAWATOMI TRAVELING TIMES

Volume 23, Issue 18 • zisbakwtoké gizes Maple Sugar Moon • March 15, 2018

Clans Teachings Event Held



(l-r) Mark Denning, Eddy Benton, Grand Chief Benton-Banai, Raymond Benton

by Val Niehaus

A special event took place at the Forest County Potawatomi (FCP) Cultural Center, Library & Museum on Feb. 24, 2018. The event was a "Clans Teachings" led by Bawdwaywidum Banaise (Edward Benton-Banai), Grand Chief of Three Fires Midewiwin Lodge. This event was open to all community members and mide relatives, and there ended up being quite a large turnout with well over 100 people signing in.

This happening was not an actual ceremonial practice but rather a way of "teaching" people within the community so as to enable them to have an understanding of one's clan and how that knowledge can help people work together; how it can help a person understand their spiritual, physical and mental well-being; and how that can be used in everyday life with their families and people in general. The clan system is the Anishinabe way of governance, and it helps tackle the requirements that a community may need for its everyday life — food, security, medicines/healing, education and leadership.

The day started with arrival, preparations and fire lighting by Herb Daniels Jr., who did his first flint and stone fire lighting for this occasion. After Daniels said a prayer, it was time for a hearty breakfast with all the fixings including donuts, boiled eggs, fruit and a crowd favorite: oatmeal with bacon grease. As a result of the cooks' efforts doing the preparation, many were pleasantly content with full bellies once the session began. FCP Chairman Ned Daniels Jr. commented on how well the ladies did in preparing this "feel-good" breakfast for everyone in attendance. FCP Councilman Nick Shepard gave some words of thanks and wisdom to those who were present and was honored that he and the other singers were invited to drum on this special day. Once everyone was finished with breakfast, the teachings began.

Joe Daniels, FCP treasurer, opened with a few words of explanation as to how the day was going to break down and what to expect. Next, the Chairman took over to again say a few kind words about the cooks/helpers, to everyone present, and to express how great it was to see everyone in the room. Fire Nation Singers were present to offer some good beats to get everyone's spirits lifted and to instill that feel-good vibe everyone gets while listening to the drum and singing. Chairman Daniels made special note of one special lady present and that was Josephine Mandamin, who is known throughout Indian Country as the "Water Walker". She has walked more than 25,000 kilometers along numerous rivers and lakes — all for the conservation of clean water and to make sure her people will always be supplied with it. Her last walk was in the summer of 2017. She is quite a remarkable Anishinabe woman. By looking her up online, one can read about Mandamin's accomplishments and better understand her passion for her movements and appreciate how deeply she cares for her people.

The teachings then began with Grand Chief Benton-Banai leading the conversation. Benton-Banai is a full-blooded Wisconsin Ojibway of the Fish Clan and is a spiritual leader of the Lac Court Oreilles Band of the Ojibway tribe. He has a doctorate from the Andaa Wiinjigewin program at the Seven Generations Education Institute, and he holds an Ojibwe Language/Culture teaching license with the Minnesota Department of Education. He is also the director of the Red School House in St. Paul, Minn., which is an alternative school (non-public) that is Native American controlled and oriented serving grades K-12. He is the author of numerous books/writings explaining the Midewiwin teachings. He is an extremely well-educated and impressive man who cares deeply for his people and culture.

Benton-Banai started with explaining how good it is to gather in this fashion and how this is a good place for the Anishinabe people to have. He said, "This is a good place for our ceremonies, our gatherings, our funerals — this is that place for our children to learn and for our elders to teach us and guide us. This first clan meeting is going to be very informal but by this afternoon I am hoping we all have listened enough to put ourselves into our clan places. If you listen long enough, you will be able to tell where your place in the circle is. Our clan system goes back thousands of years and is the foundation of our governance. This is how we governed ourselves for many thousands of years. When the people of Europe came here, they determined two things had to be destroyed and that was our language and our clan system. Our clan system was sought out to be destroyed in schools and in general, but after 516 years our clan system still lives. In fact, we, as the original Anishinabe people, were supposed to be eradicated by the year 2000. That was government policy and you can research that and find it as well. We are still here and we are reviving our culture, teachings and philosophy."

Benton-Banai was very happy to see the number of people and children that were here learning on this day, and he emphasized you have to know the history of things before you can correct issues of concern.

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POTAWATOMI BUSINESS DEVELOPMENT CORP

OUR MISSION: Potawatomi Business Development Corporation (PBDC) will generate wealth and improve the quality of life for the Forest County Potawatomi (FCP) Community by making strategic investments, acquisitions and prudent asset management and community development decisions. Resources generated by PBDC and its holdings will help diversify the tribal economy that supports FCP's tribal government and help improve the lives of FCP tribal members. Through trust, support, integrity, and mutual respect, PBDC is committed to building an economic engine that will support FCP for generations to come.

GREENFIRE

Project Announcement: Milwaukee Filmmaking and Arts Hub 'Nō Studios'

Academy Award-winning filmmaker John Ridley will be opening a filmmaking and arts hub in the Pabst Brewery Complex located on the northwest side of downtown Milwaukee. The three-story, 40,000-square-foot building will feature office space for individuals, organizations and companies in creative fields, a 50-seat screening room, food and beverage services, galleries and a rooftop event space.

According to Ridley, his goal is to create a space bringing together talented creative minds, thoughtful patrons and diverse communities from across the city, and hopefully across the nation, to collaborate and converse over art and learning more about the world through it.

Ridley stressed that Nō Studios is not intended to compete with Hollywood or other major film production areas. Instead, it will help nurture local filmmakers, for both documentaries and narrative movies, and connect that talent to financial backers and others involved in the production and distribution process.

Ridley picked the name Nō Studios for its double meaning. "'Nō' is the Japanese root word for skill, talent, artistic endeavor, while the English word 'no' is one that artists hear many times throughout their careers and yet continue to create, in spite of many obstacles," he said.

The University of Wisconsin-Milwaukee School of Film, Milwaukee Film, Milwaukee Filmmaker Alliance, 371 Productions, Custom Reality Services and Marquette University are among the list of tenants.

Greenfire Management Services is managing the construction of this project, which is expected to open this September.



An exterior rendering of Nō Studios

WGEMA CAMPUS

Wgechda Building Monument Sign



The Wgechda monument sign is being installed on Wgema Campus!

Greenfire Northern Operations Update: First Project Win

Edward U. Demmer Memorial Library - Three Lakes, Wisconsin

Greenfire was selected as the Construction Manager for the renovation and addition of the Edward U. Demmer Memorial Library in Three Lakes, Wis. This is the first project win for our Northern Operations office and is an exciting milestone for the company!

Construction is scheduled to start in April 2018 and be completed by December 2018.



An exterior rendering of the Edward U. Demmer Memorial Library

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PHONE: 414.290.9490 EMAIL: dmill@potawatomibdc.com WEB: www.potawatomibdc.com

Retirement Celebration Held

by Val Niehaus

As many community members know, Harold "Gus" Frank has retired as chairman of the Forest County Potawatomi (FCP) tribe. To show him a bit of appreciation and just a fun and fond farewell, a retirement party was held in his honor to recognize his contributions over the years as well as to wish him good luck in his future endeavors.

The event was held at the Tavern in the Sky which is located in the Lodge Kohler in Green Bay, Wis. It is a beautiful and extravagant place at which to enjoy a nice five-course dinner and was a perfect choice for the evening's agenda. It really was quite an intimate and relaxing setting in which to just sit and enjoy a great meal while reminiscing on all that Chairman Frank has done for the tribe in his past 20 years. Those present were some of Frank's close family members, colleagues of the former and present council, Schreiber GR Group, representatives of Potawatomi Business Development Corp., members of the FCP Foundation, and a few FCP employees and community members.

The evening's program began with an outstanding meal with this then leading into a short film created by Jeffrey Keeble Jr., which highlighted some significant activities and events that occurred over the years in which Frank held the position of chairman. While everyone was finishing up their dessert, a few speeches were made on behalf of Frank and some fun memories of his time in office were shared. Jim Crawford, Mike Goodrich, Jeff Crawford, JR Holmes and a few others offered short speeches that were meaningful and emotional, to say the least.

The biggest surprise for Frank at the end of the night was the fulfillment of a dream that he previously could only have imagined. Everyone knows how much he loves the game of golf. The FCP Council, in honor of his hard work and dedication to the tribe over the years of his chairmanship, presented him with tickets for a trip to the PGA Masters Tournament! Needless to say, this incredibly thoughtful gift came as a total surprise and just blew Frank out of the water with his emotional and gracious response making it obvious how touched he was by such a considerate gesture from the tribe. As a final parting gift, JR Holmes presented Frank with a brand-new driver to use during his golf outings, This, too, was received with sincere gratitude from Frank.

Overall the night was relaxing, fun and more than a bit emotional at times, but it seemed as though Frank enjoyed recollecting and celebrating with those of whom he has been involved for a good portion of his life. It really was a night to remember. Have a great trip to the PGA Masters!



Frank chats with former colleagues.



Mike Goodrich offers some good words.



A trip to the Masters!!!



JR Holmes gifting the new driver club.

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Deadline for the April 1, 2018 issue is Wednesday, March 21, 2018.

FCP Tribal Youth Makes it to State Wrestling Finals

by Val Niehaus

When it comes to the sport of wrestling, Breed Shepard Jr. is no amateur. At the age when most babies started crawling, this young man was already maneuvering his body into positions that any professional wrestler would take notice of. Shepard says, "This is what I was born to do. It's in my blood. I even have a natural indentation in my head from wearing the head gear so early — a perfect groove right on the top. I'm just a hardworking kid trying to do my best and prove that anything can be done."

Wrestling has to be one of the most disciplined sports that a student can be involved with as it is the one sport that is totally personal: You are not relying on your teammates or anyone else to succeed. Though good coaching is invaluable, it is a total "YOU" sport and the determination and success takes personal effort and sacrifice that is totally up to the individual. It takes years of conditioning, practicing moves, eating healthy, maintaining weight, and doing a LOT of traveling to be the best of the best.

Shepard was, in fact, born into the sport of wrestling and being an athlete in general. In his prime, his father Breed Shepard Sr. was an outstanding athlete in football. As a wrestler, he made it all the way to sectionals. It is obvious that being a good athlete and being driven to be the best is part of the bloodline. As a 16-year-old sophomore at Crandon High School, Shepard dedicates his hard work in the sport to his family. Having started his career in the sport almost before he could walk, they have been by his side since the beginning and were always pushing and supporting him in every way and all the way. He recalls hearing the stories of his father and how great he was at the sport and says that is really what set him on the course to excel and be where he is today. After hearing all those stories about his father, he thought to himself, "I can do this and actually go further than my dad did." That mindset is a large part of why he finds himself already excelling at this challenging high school sport.

This year Shepard has proved to himself, his family and the rest of the community that hard work really does pay off. On Feb. 22, 2018, the Crandon School District held a pep rally to celebrate and support Shepard and another teammate of his, Jakob Hoyt, as they both advanced to the Wisconsin State Wrestling tournament in Madison, Wis. With the gym filled to the max, both of these young men along with the rest of the wrestling team had some remarks about the year and how great it is to have two of them heading off to the state competition. Hoyt gave a brief speech commenting how happy he was to be heading off to state and how thankful he was to have everyone who supported him this year in his corner.

Shepard was next to the mic saying, "You know, ever since I was a little boy going to all those wrestling tournaments every weekend, working my butt off in the weight room, running, eating right — I always looked up to all those wrestlers on top of the podium and thought that is going to be me one day and look at me now! I'm heading to state to represent my school and my tribe!"

To help Shepard with the send-off, Fire Nation Singers was there to give him and the spectators a welcome and victory song. Shepard was clearly proud of his tribe coming to show its support as he believes in being a well-rounded person in his life, not only for himself but for his tribe. He wants to represent the FCP tribe the best he can. When talking with him during this chat, it is obvious he isn't going to stop any time soon. When asked about his future plans, he said he is hoping to learn more about tribal politics and, hopefully, one day be tribal chairman. It really is great to hear a 16-year-old have so many goals set for himself, to actually see him start to fulfill those goals, and to plan for the next.

Shepard says he is going to take advantage of what his tribe can offer him, particularly with respect to education. He says, "I'm not going to just sit around when I turn 18. I want to make a difference for my people and to do that you have to set goals for yourself." So far at the age of 16, Shepard has set many life goals and has pushed himself to start achieving them as evidenced by his incredible success in a very challenging sport at a young age. He really is a great role model for the younger youth of the tribe to look up to.

Even though Shepard didn't come away from State with the outcome he hoped for, he said he learned a great deal just by experiencing the competition first-hand. And he continues with a very positive attitude for the future. He said with a chuckle, "I definitely need to get into that weight room some more. Those wrestlers down there were pretty big!"

The day he returned home from state he started a new workout regimen that will help get him to where he wants to be. Going down there and seeing these other wrestlers did not intimidate Shepard in the least. He said, "You know it didn't matter how little I was to those other wrestlers because I had the biggest heart!"

Wrestling is a year-round sport, though many people may not understand that. These young men need to keep their bodies in tip-top shape and be strict throughout the summer months to maintain their body and mindset. It takes a LOT of dedication on the part of the wrestlers and from their families as well. These wrestlers don't just hop on a bus and get carted around to their meets by the school. Their parents and/or guardians make sure to get them where they need to be for matches, which often involves a lot of regular weekend travel. With that being said, Shepard wanted to offer a bit of gratitude saying, "Thanks to my family for everything they do and for their continued support. Thanks to my tribe for recognizing my hard work. I am thankful each and every day that I wake up with a new day ahead of me."

Shepard is definitely going to be a great athlete to watch in the future. He excels not only in the sport of wrestling, but he is also an accomplished football player. Being only a sophomore in high school, he has two more full years in which to set goals for himself and to meet them. He is a driven, strong-minded and confident young man who sets out to achieve his best with a strong family to back him up. Congratulations again to Shepard on his trip to state and the best of luck in the years to come!



(left) Breed Shepard Jr. and Jakob Hoyt are recognized for their achievement at the Crandon pep rally.



photo by Colleen Shepard

(right) Breed taking on his opponent at State.



(left) A mother very proud of her son!



photo by Colleen Shepard

(right) Shepard shows his grit on the mat.

Clans Teachings

...continued from pg. 1

He wanted to make sure this was relayed by *PTT* and said, "Civilization came here to find their own freedom and they didn't get it and then they evolved to destroy us. There were 32 million Anishinabe people here on this land then. In 1950, according to our research the census bureau counted less than 250,000 Native American Indians here on this land, that's in 1950. Today we are a booming population again that means the Creator gave us life to live, not to die, but to live. The media is here and it's important to report the truth!"

Mark Denning was next to speak. He spoke of the importance of clans and what they mean to Anishinabe people. He said, "Our clan system was given to us by our great Creator and is a system from which to lead and operate and within that framework is freedom." Denning went on to talk about very personal issues that have happened to him and his family, and he spoke about how his people, along with his clan system, helped make him appreciate a bigger picture after these tough days of his life. He said, "We need to teach this to our children. Yes, we will make mistakes in learning about our specific clan, but that is how we learn and how we grow to teach our young ones."

Talk turned back to the Grand Chief who discussed how the clan system was known and how it came to be. It was known throughout the world he said. We had seven original clans — Crane, Loon, Fish, Bear, Martin, Deer, and Bird and each of these clans have a job to do within our government to make it run smoothly. He then remarked that today there are quite a few more clans than the original seven. He proceeded to tell the story about how the clans came to be thousands of years ago.

The day then moved on with a few other participants talking about the power and significance of their clans and what their clans and teachings meant to them as individuals and how they implemented these teachings in their everyday lives. This then led into the people in attendance acknowledging their clan and knowing the responsibilities of their clans. Pretty much everyone knew which clan they belonged to and that was a great thing to see. Many people lose sight of their clan or some do not even know what clan they belong to and that is the purpose of having an event like this. To help one person learn will help their children then learn in return and the knowledge will spread.

A bit of an intermission took place. After this, the different clans that were present broke off into their specific clan groups. Within these breakout groups, each person gathered with others to learn more about their specific clan from each other and from Benton-Banai and Denning as well as from Benton-Banai's son. Each group asked specific questions that were assigned to them such as, "What is the purpose of your clan? And what are three false statements about your clan that you have heard before?" Once finished, each group assigned a speaker and that person read off what their clan was responsible for along with the statements they had heard that were not true. This helped people in each different group learn more about their own clan as well as the other clans as each spoke their thoughts.

A clan feast was then prepared for everyone after this group session ended and followed with concluding statements that ended the day. *PTT* was unfortunately unable to attend the feast, but it was heard throughout the community afterwards that many were happy about the number of people that attended the teachings presented this day. Also, *PTT* was told by council members who were present at this event that there will be more "teachings" held in the coming months so to keep an eye and ear out for those.

This day offered so much information throughout that it was a great teaching event to be a part of. The sheer amount of information took a considerable time to process after the day concluded. It is highly recommended if you are interested in learning more about your clan or your part in it, make sure to attend the next session which will hopefully be held soon.

Many thanks go out to Benton-Banai, Denning, other speakers that spoke, the cooks, the drum and everyone who was in attendance for this day of teaching.



(l-r) Chairman Daniels, Grand Chief Benton-Banai, Treasurer Daniels



People worked within their clan groups.



Denning having a bit of fun with Josephine Mandamin.



by Noden Kwe, Veronica Mann-Pemma



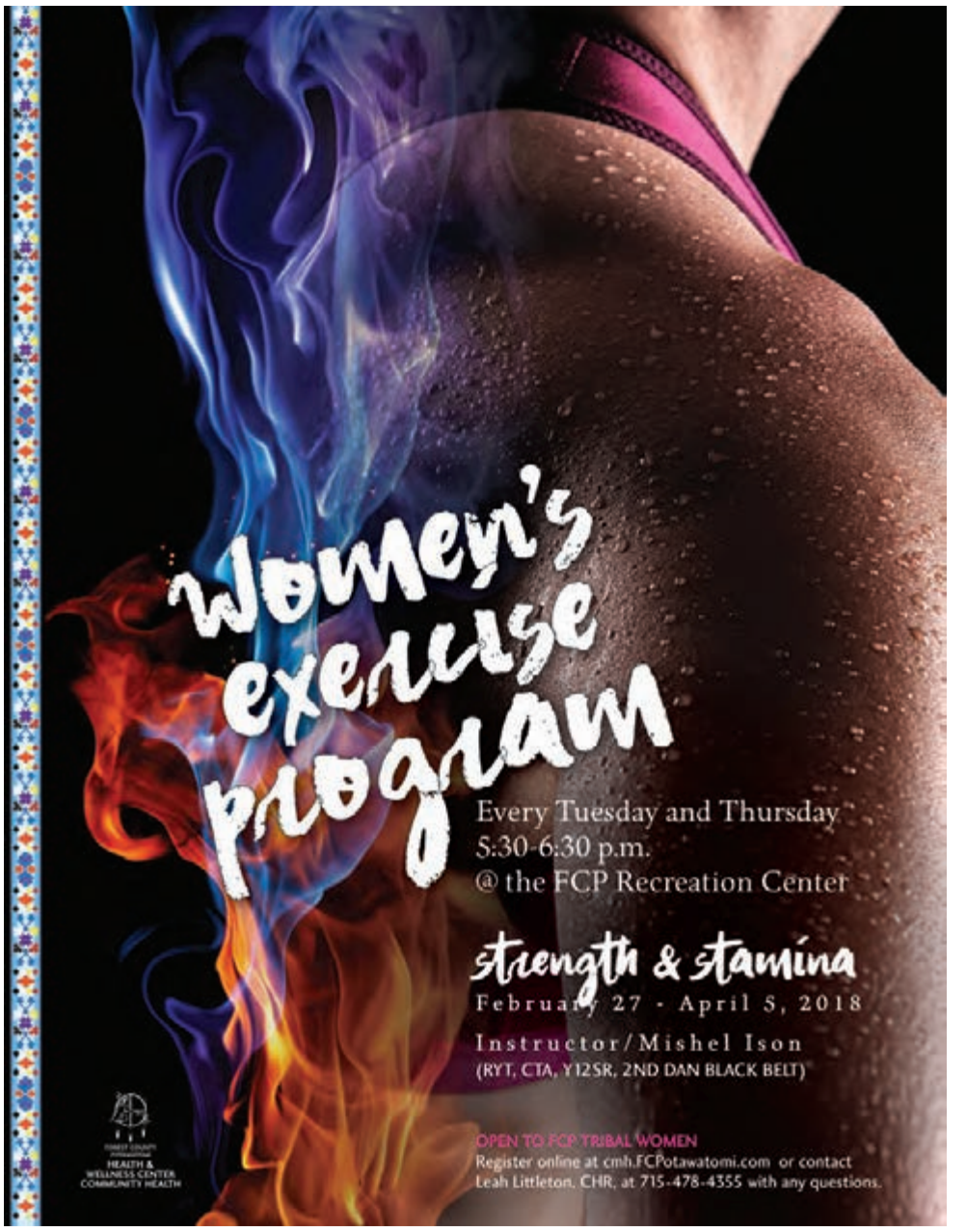
New Community Health Outreach Manager



Melanie Tatge began her role as the FCP Community Health Outreach Manager in November 2017. Tatge, however, is not a new face within this department. She initially started her career in March 2016 as the public health educator/accreditation coordinator. You may have seen her around the department or at one of the many department events.

Previous to coming on board with FCP Community Health Department, Tatge worked at a sexual and reproductive health clinic in La Crosse County providing community outreach and health education. She has a Bachelor of Science in Sociology and a Masters of Public Health - both from UW-La Crosse. She is also a member of the American Public Health Association and is a Certified Health Education Specialist (CHES). Tatge is excited to continue her journey with the FCP Community Health Department.

If you have any questions or concerns regarding the department, feel free to contact Tatge at (715) 478-4382.



Fruit/Vegetable of the Month: Blackberry Leaves

Fun Facts: According to a study published in the February 2000 issue of the Journal of Agriculture and Food Chemistry, blackberry leaves have higher antioxidant properties than the fruit itself. Thus, blackberry leaves are highly nutritious, produce anti-inflammatory health benefits, and boost the immune system.

Blackberry leaves are used to aid in healing sore throats, mouth sores, anti-aging, diarrhea, and wounds. History reveals the traditional usage of blackberry fruit, leaves, bark, and roots was for healing numerous health conditions ranging from mild infections to venomous bites. Both blackberry leaf and sage leaf have been used in traditional medicine to address a number of illnesses and digestive disorders. Combining the benefits and flavors of both these leaves into blackberry sage tea creates a delicious beverage with the antioxidant and healing benefits of both blackberry and sage.

Blackberry Leaf Tea
1 tsp. blackberry tea leaves per 8 oz. water.
Steep at 205° F (just below boiling) for 5 - 7 minutes.

Blackberry Leaf and Sage Tea
Ingredients:
1 tsp. blackberry tea leaves
2 medium fresh sage leaves
½ tsp. granulated sugar
1 ½ cups boiling water
Fresh blackberries (optional)
Preparation:
Put the blackberry leaves, sage leaves, and sugar in a small pot and crush the leaves with a wooden spoon. Pour in the boiling water and stir until the sugar dissolves. Set aside to steep and cool for 15 minutes. Puree a few blackberries and add to the mixture. Strain mixture by pouring through a filter, strainer, or cloth. Serve hot or over ice.

Read Across America Week

submitted by Samantha Smith

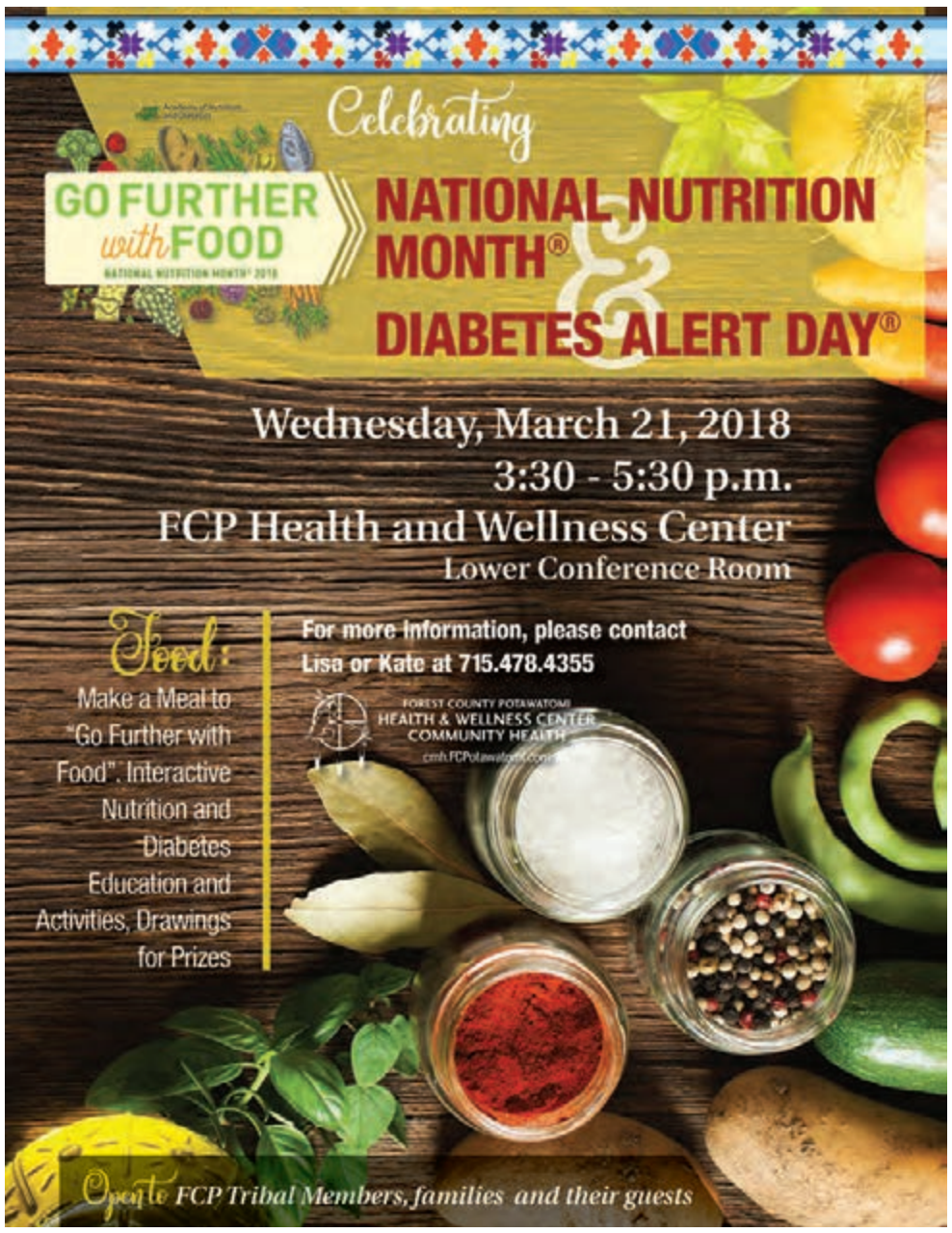
Every year across the country, educators celebrate the National Education Association's Read Across America week with a number of programs to motivate children to read. This annual reading motivation and awareness program calls for every child to read while bringing awareness to the importance of creating lifelong successful readers.

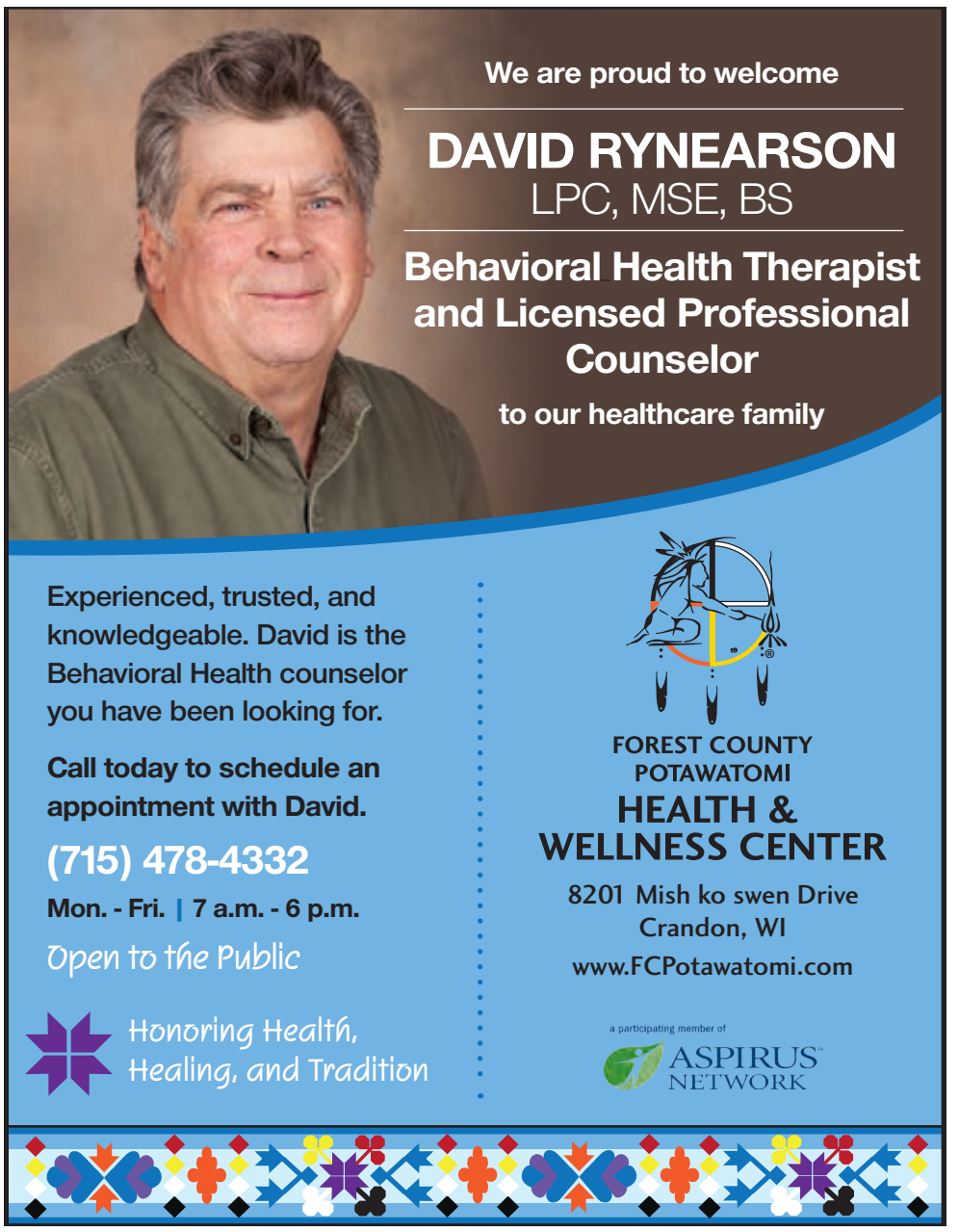
This year, on Feb. 28, the FCP Library hosted a "Pop & Read" event for the Gte Ga Nes preschool students and staff. The students and their families were invited to share popcorn and drinks while exploring the many children's books in the library. The library was full of laughter and excitement as the students as staff found spots in the library to share a snack and books together.

Thank you to all of the family members who were able to join the students! A special thanks to Brian Tupper from the FCP Rec Center for providing and popping all of the popcorn as well as the Gte Ga Nes staff for making this a fun and successful event.

For more information about how to generate excitement for reading among children and their families and about best practices for motivating and teaching reading, visit www.nea.org/readacross or come and visit the FCP Library for help or suggestions.







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Fire Extinguisher Recall

submitted by FCP Emergency Management

Kidde Recalls Fire Extinguishers with Plastic Handles Due to Failure to Discharge and Nozzle Detachment: One Death Reported



Kidde plastic handle fire extinguishers

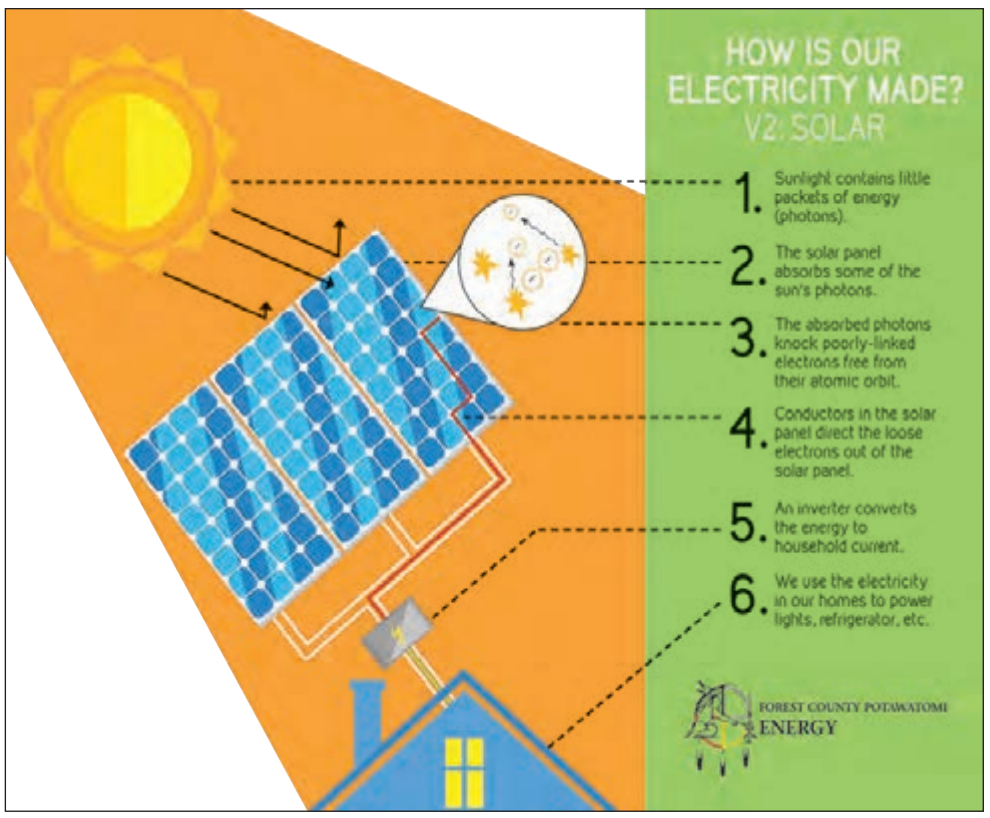


Kidde push-button Pindicator fire extinguishers

Name of product:
Kidde fire extinguishers with plastic handles
Hazard:
The fire extinguishers can become clogged or require excessive force to discharge and can fail to activate during a fire emergency. In addition, the nozzle can detach with enough force to pose an impact hazard.

Remedy:
Replace
Recall date:
November 2, 2017
Recall number:
18-022

Consumer Contact:
Kidde toll-free at 855-271-0773 from 8:30 a.m. to 5 p.m. ET Monday through Friday, 9 a.m. to 3 p.m. ET Saturday and Sunday, or online at www.kidde.com and click on "Product Safety Recall" for more information.



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Drug Task Force Makes Presentation

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APRIL 3, 2018
1 – 4 p.m.

WHERE
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5415 Everybody's Rd.

FOR MORE INFO CONTACT NATALIA

AT (715) 365-2607 OR

NATALIA.GRAF@DWD.WISCONSIN.GOV

DO YOU HAVE A DISABILITY AND ARE YOU LOOKING FOR WORK?

A DVR representative will also be available May 1, June 5, July 17, Aug. 7, Sept. 18, Oct. 2, Nov. 6, Dec. 4.

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WILL YOU WORK HARD TO REACH YOUR JOB GOAL?
If you will, then DVR is for you!

2018 SUMMER INTERNSHIP PROGRAM

In the program, you will have the opportunity to meet gaming commissioners and staff, become familiar with the many duties of the Gaming Commission, observe each of its departments, and become familiar with how the Gaming Commission regulates casino operations onsite. You will visit the various venues within the Milwaukee property and experience the excitement that the tribe's casino has to offer. This is an excellent way to enhance your knowledge. There will also be discussions, a group project, individual project, departmental exploring and so much more. This program is designed to fit a variety of learning styles. If this program interests you, apply today!

- Must be an enrolled Forest County Potawatomi Community member, 18 years or older, have high school diploma or GED.
- Weekly stipend provided.

❖ **Application deadline:** May 11, 2018
❖ **Internship dates:**
July 9 - Aug. 17, 2018

FOREST COUNTY POTAWATOMI GAMING COMMISSION

Please contact
Tina Baker,
Development Specialist,
to get an application at:
(414) 847-7718
tbaker@paysbig.com
www.fcpgc.com

American Indian College Fund Launches First-of-its-kind Repository of Research on Native Higher Education

submitted by Dina Horwedel (dhorwedel@collegefund.org)

DENVER (March 1, 2018) - The American Indian College Fund has created an online research repository to further understanding about Native higher education, tribal colleges and universities, and American Indian and Alaska Native students. The repository, located on the College Fund's web site, provides researchers and the general public access to research the work that the College Fund and others do to support Native student success.

This valuable resource on TCU education and Native communities includes literature reviews, annotated bibliographies, and fact sheets on selected topics. It also provides access to dissertations produced by faculty fellows supported by the College Fund's Mellon Career Enhancement Fellowship program, historical documents the College Fund has produced over the years, and links to white papers and research conducted by other organizations pertinent to the Native higher education community and student success, including the American Indian Higher Education Consortium (AIHEC), National College Access Network (NCAN), Penn Graduate School of Education's Penn Center for Minority Serving Institutions (CSMI), Gallup, the National Student Clearinghouse (NSC), and many more.

The repository includes four categories of research: student impact, faculty impact, institutional impact, and community impact. Access to research materials are free and open to the public on the College Fund's website at collegefund.org/research-and-programs/research/research_repository.

If you are aware of research in these four categories that you believe should be linked to this body of work in the research repository, please contact David Sanders, Vice President, Research, Evaluation and Faculty Development, at (303) 426-8900 or dsanders@collegefund.org.

About the American Indian College Fund

Founded in 1989, the American Indian College Fund has been the nation's largest charity supporting Native higher education for more than 28 years. The College Fund believes "Education is the answer" and provided 6,548 scholarships last year totaling $7.6 million to American Indian students, with more than 125,000 scholarships totaling $100 million since its inception. The College Fund also supports a variety of academic and support programs at the nation's 36 accredited tribal colleges and universities, which are located on or near Indian reservations, ensuring students have the tools to graduate and succeed in their careers. The College Fund consistently receives top ratings from independent charity evaluators, and received a four-star rating from Charity Navigator and is one of the nation's top 100 charities named to the Better Business Bureau's Wise Giving Alliance. For more information about the American Indian College Fund, please visit www.collegefund.org.







NOTICES

CULTURE

Language Classes

• Monday, 3:30 p.m., Laona School

• Tuesday & Wednesday, 10 a.m. - 12 p.m., at the FCP Museum.

• Tuesday & Wednesday, 3:30 p.m., Wabeno Elementary

• Thursday, 3:30 p.m., Transportation for youth provided.

Call (715) 478-4173 with questions regarding the class listings above.

• Monday - Thursday, 9 a.m. - noon, Carter We Care. Call (715) 478-7420 with questions.

HEALTH

Wellbriety - 12-step meeting, Mondays at 6:30 p.m., FCP Museum lower level. Walking in a good way...a sober way. ALL ARE WELCOME! If you have any questions, call FCP AODA at (715) 478-4370 or Isaiah Phillips at (715) 889-4945.

7 Directions Men's Group - Open to all Mondays, 1 p.m., at HWC AODA upper level. Tired of hurting the ones you love? Learn how to respect yourself. Join our group which include topics related to everyday life. Call (715) 478-4370 with questions.

Principles of Recovery - A guide to living well on the road to recovery. Tuesdays, 11 a.m. to noon at HWC AODA. Call (715) 478-4370 with questions.

NA Meetings "The Good Life" - Tuesdays, AODA Building, 5519 Wej mo gek Court, 7 p.m. For info or questions, contact Ira F. at (715) 889-0527.

Kwe Kenomagewen - Women's support, Wednesdays, 2 p.m. HWC AODA. Call (715) 478-4370 with questions.

Hour of Power - Big Book, NA Book or Wellbriety Book, Thursdays, 2 - 3 p.m. HWC AODA. Call (715) 478-4370 with questions.

HEALTH

Do You Feel Like No One Understands You? You're not alone! Let your voice be heard! Let someone share your pain! If you are thinking of committing suicide or know someone who is, please get help! Crisis Line: (888) 299-1188 (Serving Forest, Vilas & Oneida counties: 24 hours a day/7 days a week); Kids in Need: (800) 622-9120; The Get-2-Gether Peer Support Drop-In Center: (715) 369-3871; Run-Away Hotline: (800) 621-4000; (800) 273-TALK; TTY: (800) 799-4TTY or visit suicidehotlines.com.

PROGRAMS

Smoking Cessation Incentive Program - Open to FCP tribal members and individuals eligible for Alternative Care Program. Services include: appointments with nurses and CHRs to determine a quit plan, kit filled with items that aid in the quitting process, educational materials and products, plus a reward upon completion of third smoking cessation appointment.

To learn more about the program or to schedule an appointment, contact Sara Cleereman, R.N., at (715) 478-4889.

SPARKS Weight Mgmt. Program - By appointment. S - Support; P - Program; A - Get Active, Stay Active; R - Reap the Rewards: feel better, be healthier; K - Know the basics of good nutrition; S - Stay focused on being healthy. Please call Lisa Miller, RD, CD, at (715) 478-4320.

Diabetes Education Program - By appointment. Including blood glucose monitoring, making healthy changes, psychosocial, complications, sick day and travel, planning for pregnancy, hypoglycemia, medications, diabetes in general, insulin and goal setting. Please call Anne Chrisman, RN, at (715) 478-4383, or Cathy Chitko at (715) 478-4367.

SERVICES OFFERED

Economic Support Programs

Tribal Employment Skill Program - available to adult tribal members who can be placed on a paid work experience opportunity in various tribal departments for up to six months. This allows tribal members to test drive different areas to find a good fit. The staff can assist with:

• Direct connection between DMV to obtain, reinstate and/or determine what is needed to obtain the driver's license

• Work-related expenses

• Resumé development and resumé critiquing

• Mock interviews (practice before a job interview) and tips.

• Job-seeking skills/soft skills

• Employment guidance/advocacy

• Fidelity bonding available

We currently have a 53 percent success rate for successful work experience to employment.

Work Study Program - for students that are in their senior year. Students can be on a work experience but must have good standings in all their school classes. We work with the FCP Education Department to set this up.

Badgercare - a state/federally-funded program that provides health coverage for individuals living on the reservation or within Forest County, tribal children and affiliated-tribal members.

Foodshare - a state/federally-funded program that provides an EBT food card to eligible individuals living on the reservation or individuals that have tribal children living in Forest County. The program has eligibility requirements that also considers shelter/housing expenses.

Foodshare Employment & Training Program (FSET) - individuals that are eligible for Foodshare would be eligible for this program which can assist with gas voucher, job training costs and other expenses relative to the goals that are set for securing employment.

Temporary Assistance for Needy Families (TANF) - this work program is funded through the Administration for Children and Families with an income limit of 125 percent of federal poverty level for individuals living on the reservation or individuals living in Forest County that have FCP tribal children. Individuals get a cash payment each month providing that they completed their work activities each month.

General Assistance (GA) - this work program is funded through the Bureau of Indian Affairs and is available for federally-recognized tribal members living on the reservation. Eligible individuals will get a cash payment each month providing that they are complying with the work plan developed with their case worker.

Native Employment Works (NEW) Program - this work program is funded through the Administration for Children and Families for individuals living on the reservation or within the service area. The paid work placement opportunity is for three months at 24-35 hour per week and we have limited slots available based on funding.

Resource Rooms - located at the old tribal hall and at the Family Services Building. Each area has computers that individuals can utilize to complete their resumé, type correspondence, work on the self-paced Microsoft Computer Training Program, apply for jobs, or apply online for healthcare coverage programs.

The FCP Economic Support staff is available to provide services for resumé building, computer training programs, and for any other economic support program information. If you want more information on any of these programs, please stop by the Family Services Building or call (715) 478-4433.

ELDERS PROM

Potawatomi Carter Casino Hotel
April 7, 5 – 10 p.m.



Featuring:

- Dinner at 5 p.m.
- DJ Gregg Tallier
- Jennifer Sue's Cupcakes
- Prizes & Free Matchplay

To sign up, call Jason at (715) 478-4992 or Jenna at (715) 478-4987 by March 17.

To reserve a hotel room, call 1(800) 487-9522.

The Elders Prom is for Forest County Potawatomi, Hannahville & Mole Lake Elders 55 Years or Older.



**Happy Birthday,
my son, Bne Gishiek.
I love you very much.
Love, Mom**

MONEY MADNE$$

— SATURDAY, MARCH 24 —

Earn 250 same day base points or redeem 250 points for 10 entries.

DRAWINGS:
Ten $1,000 winners from 12 pm – 9 pm
$5,000 winners at 10 pm & 10:30 pm
$7,500 winners at 11 pm & 11:30 pm
$15,000 winner at midnight

ENTRY MULTIPLIERS:
March 18 and 23
6X Golden Eagle, 5X Eagle, 3X Thunderbird,
2X Crane, 2X Loon and 2X Carter Club Members

BONUS ENTRIES:
At bingo & table games through March 22.

WIN YOUR SHARE OF $50,000 CASH!

Limit two wins from 12 pm – 9 pm // Limit one win from 10-11:30 pm

THE CARTER CLUB

POTAWATOMI CARTER CASINO HOTEL

HOTEL PACKAGE

$110 PACKAGE INCLUDES:
One night stay for two in a standard room,
& two $40 Potawatomi Play Certificates.
(Available Sunday – Thursday only)

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Call Toll-Free: 1.800.487.9522
Visit the Hotel Front Desk for complete details.

NATIONAL BEER DAY TASTING EVENT

Bringing a few local Wisconsin breweries to you!

SATURDAY, APRIL 7
2 PM – 5 PM
KISHECK ROOM

THE SPRINGS
RESTAURANT & LOUNGE

THE SPRINGS
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EASTER BUFFET

SUNDAY, APRIL 1
7 AM – 3 PM • $18.95

BREAKFAST
Omelets • Eggs Benedict • Waffles • Biscuits & Gravy

BRUNCH
Prime Rib • Sliced Ham • Henny Penny Chicken
Soup • Salad Bar • Fresh Fruit • Desserts

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Management reserves the right to cancel or alter any event or promotion at any time.

WWW.CARTERCASINO.COM